

# GetUp&Go

Recreation and Parks

**AMERICAN KENPO KARATE**

Spring 2018

**American Kenpo Karate is designed to enhance self-esteem, self-discipline and safety awareness for all ages, from 5 through adult!**

**Fridays: March 23 to May 18**

No class March 30th

New 5-7 .....	5:30-6:15 pm.....	#302018.11
Returning.....	6:15-7:00 pm.....	#302018.12
Advanced.....	7:00-7:45 pm .....	#302018.13
New 8-12.....	7:45-8:30 pm .....	#302018.14
Adult/teens 13+ .....	8:30-9:15 pm .....	#302018.15

**LOCATION: ZANEWOOD RECREATION CENTER**  
7100 Zane Avenue N • Brooklyn Park, MN • 55429



- Practical Self Defense
- All Course Material Provided
- Certified Rank White to Black
- Well-Instructed Curriculum
- Affordable and Fun
- Increased Confidence
- Improved Fitness
- Belt Test is Included

**Learn a valuable skill while having fun!**

**8-WEEK COURSE IS ONLY \$43/RESIDENT OR \$51/NON-RESIDENT**

Students should wear loose comfortable clothing. Uniforms are optional and available at class for \$30 each. Serious students may also attend classes at our other locations and the Annual Spring Kenpo Karate Camp at *no extra cost*. Ask your instructor for more details or call Champion Youth Karate at: 763-427-0208

**Registrations due by March 22nd** – Scholarships available...call 763-493-8333 or 763-315-8444

*This event, class, activity or matter is not sponsored or endorsed by the school district. No school district funds were used to produce or copy this material.*

**Fill out registration form completely and return to:**

**BROOKLYN PARK RECREATION & PARKS 5600 85th Avenue N, Brooklyn Park, MN 55443 763-493-8333**

Parent/ Guardian Name \_\_\_\_\_ Email \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home/Cell Phone ( ) \_\_\_\_\_ Work/Cell Phone ( ) \_\_\_\_\_

Do participants have any disability, allergy or special need? \_\_\_\_\_

Do participants need special accommodations to participate? \_\_\_\_\_

Participant's name	Sex (circle)	Birthdate	Category	Program Number	Time	Fee
_____	M / F	_____	_____	_____	_____	_____
_____	M / F	_____	_____	_____	_____	_____
_____	M / F	_____	_____	_____	_____	_____
_____	M / F	_____	_____	_____	_____	_____

Amount Enclosed: \_\_\_\_\_

Checks payable to City of Brooklyn Park

<Please check if your address changed since last registered

NOTICE: Information requested on this form is classified as either "public" or "private" pursuant to the Minnesota Government Data Practice Act. The information is requested so the registration process can be completed and persons can be notified for updated program information. You are not legally required to provide this information. The consequences of not providing the information may be rejection of the registration or inability to make notification of program or scheduling changes to you. Private data will only be used by the City staff and others officially connected with the program for the purposes of administering the activity. Private data cannot be released to the public without your consent.