

## Brooklyn Middle School Testing Schedule Spring 2018

### **April-May**

**April 9<sup>th</sup>-13<sup>th</sup>**            **MCA Reading Test – All Grades**

**April 16<sup>th</sup>-20<sup>th</sup>**           **MCA Math Test – All Grades**

**April 23<sup>rd</sup>-27<sup>th</sup>**           **MCA Reading/Math Make-ups**

**May 1<sup>st</sup>-4<sup>th</sup>**                **MCA Science-8<sup>th</sup> Grade**

**May 7<sup>th</sup> -9<sup>th</sup>**                **MCA Science Make-ups**

### Preparation for Upcoming MCA Tests

#### **OFF TO A GOOD START**

On testing day make sure to eat a well-balanced breakfast and be on time for school. Bring your iPad fully charged and ready to go each day. Also bring a book of your choice that you can read once you have completed the test. It's very important to get a good night's sleep before testing day!

#### **PRACTICE RELAXATION TECHNIQUES**

If you find yourself feeling stressed before or during the test try one of the following:

Imagine yourself in your favorite place.

Use the 3-12-6 method: Inhale slowly for 3 seconds, hold your breath for 12 seconds, and exhale slowly for 6 seconds.

Tense and then relax each part of your body.

#### **READ DIRECTIONS CAREFULLY**

If you don't understand the directions, ask your teacher for further explanation before the test starts.

#### **DON'T GET STUCK ON DIFFICULT QUESTIONS**

On multiple choice questions, try to come up with the answer in your head before looking at the answer choices. Read all of the answer choices and if you are not sure which is correct, eliminate the answers you know are not correct. For True/False questions, look for key words. Like the statements with all, always, never, every and none are usually false. If you have no idea, go with true. Research has shown that true is correct more often than false.

#### **CHECK YOUR ANSWERS**

If you have time, check all of your answers even if you know they are correct. You may have made a careless mistake. Use all of the time you are given.

**PARENTS:** There are some great tips and strategies for you to review with your child as we prepare for MCA testing. Explain the importance of these state standardized tests. Each student has a goal and a goal sheet. Ask them about their goal and what they strive for on this this upcoming MCA test. If you have questions regarding testing contact Lisa Bartkowicz 763-569-7767