

"BROOKLYN MIDDLE SCHOOL "SEPTEMBER 2019" BREAKFAST MENU

BREAKFAST PRICES

Elem. Student "Paid"	\$1.55
Student Reduced"	FREE
Student "Free"	FREE
Milk	\$.50

Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	3 Pancakes Berries Hashbrown 100% Fruit Juice	4 Breakfast Sandwich (Chicken Sausage, Egg, & Cheese on an English Muffin) Fruit 100% Fruit Juice	5 Frittata with Tur- key Sausage and Cheese Graham Cracker Fruit 100% Fruit Juice	6 French Toast Chicken Sausage Patties Applesauce Cup 100% Fruit Juice
9 Breakfast Pizza (Turkey sausage and Cheese) Yogurt Fruit 100% Fruit Juice	10 Whole Grain Cinna- mon Roll Banana 100% Fruit Juice	11 Breakfast Sandwich (Chicken Sausage, Egg, & Cheese on an English Muffin) Fruit 100% Fruit Juice	12 Breakfast Burrito (Chicken Sausage, Egg And Cheese on an English Muffin) Fruit 100% Fruit Juice	13 French Toast Hashbrown Applesauce Cup 100% Fruit Juice
16 Breakfast Pizza (Turkey sausage and Cheese) Yogurt Fruit 100% Fruit Juice	17 Pancakes Berries Hashbrown 100% Fruit Juice	18 Breakfast Sandwich (Chicken sausage, Egg, & Cheese on an English Muffin) Fruit 100% Fruit Juice	19 Frittata with Tur- key Sausage and Cheese Fruit Graham Cracker 100% Fruit Juice	20 French Toast Chicken Sausage Patties Applesauce Cup 100% Fruit Juice
23 Breakfast Pizza (Turkey sausage and Cheese) Yogurt Fruit 100% Fruit Juice	24 Whole Grain Cinna- mon Roll Banana 100% Fruit Juice	25 Breakfast Sandwich (Chicken Sausage, Egg, And Cheese on an Eng- lish Muffin) Fruit 100% Fruit Juice	26 Breakfast Burrito (Chicken sausage, Egg, And Cheese) Fruit 100% Fruit Juice	27 French Toast Hashbrown Applesauce Cup 100% Fruit Juice
30 Breakfast Pizza (Turkey sausage and Cheese) Yogurt Fruit 100% Fruit Juice				
Additional Items SunButter Sandwich Fruit + Yogurt Parfait, Frudel Breakfast Notable UBR cookie, Cereal, Hard boiled egg, String Cheese, Yogurt Cup, Mini snack Bread	Additional Items SunButter Sandwich Fruit + Yogurt Parfait Breakfast Notable Bacon Scrambler Pizza Mini Bagel, Yogurt Cup Cereal, String Cheese Hard Boiled Egg, Mini Snack Bread	Additional Items SunButter Sandwich Fruit + Yogurt Parfait Breakfast Notable Mini French Toast Bites Poptart, Cereal Hard Boiled Egg, String Cheese, Yogurt Cup Mini Snack Bread	Additional Items SunButter Sandwich Fruit + Yogurt Parfait Breakfast Notable Cinni Mini, Frudels Mini Cake Donuts Cereal, Hard Boiled Egg, String Cheese Mini Snack Bread	Additional Items SunButter Sandwich Fruit + Yogurt Parfait Breakfast Notable Pancake Sausage on a Stick, Breakfast Slider Cereal, Hard Boiled Egg String Cheese, Yogurt Cup, Mini Snack Bread

The nutrient analysis is based on the menu as written. Alternate menu choices are available daily but are not included in the weekly menu analysis.

All Grains/Breads offered are a minimum of 51% Whole Grain.



*May contain Pork

#May contain nuts or peanut butter

Any school made item could contain any of the above, please check with Kitchen Manager at site.
Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

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Free and Reduced Meal Applications available online at
<http://district279.org/i-want-to-free-and-reduced-meals>
OR
may be picked up at any school within District 279 or the District Office.