

## BE A VOLUNTEER

There are many opportunities for service -- SUNNY needs at least 9 volunteers per day. We welcome volunteers from Business and Corporate groups, Organizations and families as well as individuals. Volunteers of all ages have found the experience extremely rewarding. Some of our volunteer teams have come from the Brooklyn Center Police, Brooklyn Park Police and Fire Departments, Target and Kohls. To volunteer call: 763-561-1684.



## IN-KIND DONATIONS

We welcome packaged in-kind donations of such items as sweet and salty snacks, and Ziploc sandwich or snack baggies. For a full list of in-kind needs, go to: [www.bumc.org/Giving Back/SUNNY](http://www.bumc.org/Giving Back/SUNNY)

**PLEASE CONSIDER GIVING A FINANCIAL OR IN-KIND CONTRIBUTION, OR BEING A VOLUNTEER!**



Serving Up Nutrition Now for Youth

Financial gifts to the SUNNY Program, of any amount, are greatly appreciated.

It's a simple concept with a critical impact. Contribute to our children's health and success. Join us today.

Brooklyn United Methodist Church is a recognized 501 (c)(3) Not-for-Profit organization.

# SUNNY

11:30 am - 1:00 pm  
Mondays, Wednesdays, Fridays  
June 11 - August 31, 2018  
Brooklyn United Methodist  
Church  
7200 Brooklyn Blvd.  
Brooklyn Center, MN 55429  
763-561-1684

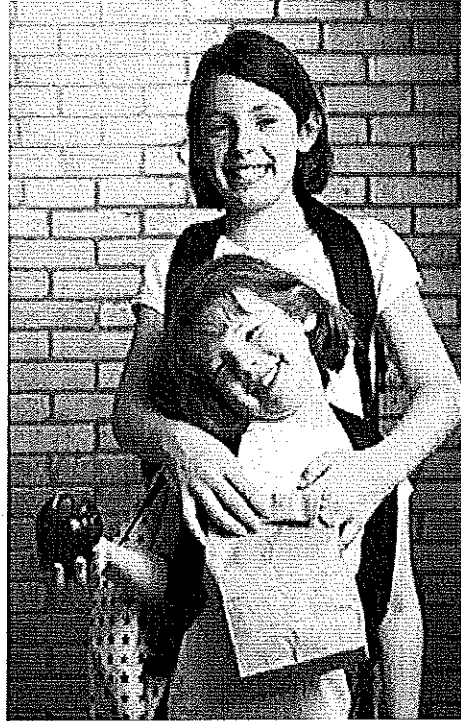
# SUNNY ☀️

...is an outreach project of Brooklyn United Methodist Church that provides free, simple and healthy lunches to families in the greater Brooklyn area during the summer.

Within the Brooklyn communities over 75% or 11,000 children and youth, qualify for free or reduced school lunches. In the summer their families struggle to cover the lunch costs. As well, homelessness numbers have hit a new high in Hennepin County

Since our beginning in 2013, SUNNY has served over 45,900 meals to children and families.

*"These lunches, 3 times a week are a huge blessing to my family. Plus, my kids love the food...and I know they are getting variety and healthy options."*



## HOW YOUR DONATION HELPS

- \$31  
One lunch for 25 guests
- \$90  
A week of lunches for 12 guests
- \$100  
A day's fresh fruit for 345 guests
- \$885  
A week of lunches for 118 guests

## WHAT'S IN A BAG LUNCH?

There are many choices:

- One sandwich per person, made up of:
  - whole wheat, white bread or tortillas,
  - pre-portioned packets of chicken, turkey, beef or ham slices; or
  - packets of peanut butter and jelly

A packet of raw, seasonal vegetables

A fresh fruit

A sweet or salty snack

The SUNNY guests pack a lunch for two days, the current and the next day. The lunches are not eaten on site, but are brought home to enjoy.

