

Dear Four Star Express and Kindergarten Parents,

The **Shaping the Future** brochure explains Rush Creek's physical education program. The brochure went home in last week's Wednesday envelop and is also available online. I am proud to be working in a district that values the health of its students and look forward to a fun and active year in physical education.

I would like to tell you a little about myself professionally and personally. I have a Bachelors of Science degree in Kinesiology, a minor in coaching and a Master's in Education. I also have a K-12 license in Physical Education and a Pre K-12 license in Developmental Adapted Physical Education (DAPE). I am CPR/AED certified and keep up on the latest sports, activities, and games by attending physical education workshops on a regular basis. I believe that a healthy body is just as important as a healthy mind and do my best to incorporate both mental and physical tasks in my classroom. This is my 14<sup>th</sup> year at Rush Creek and I am excited to start another year with great students, a wonderful staff, and a supportive community.

Please feel free to come visit the gym at anytime to see what fun things your child(ren) is (are) learning. We would love to see you!

On a more personal level; I have a wonderful husband Ben, a daughter in fourth grade and a son in second grade. I enjoy a variety of sports including rollerblading and walking, with my Doberman. I also enjoy spending time with friends and family.

I am looking forward to working with your child(ren) this year and hope I get a chance to meet all of you.

Sincerely,

Laura Rossum  
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