

Handbook of the Streets

Minneapolis

2014-2015
16th Edition

**A Resource Guide for
Poor and Homeless People**

Quick Reference:

Food	Page 7,12
Shelter.....	15
Public Assistance	33
Health Care	42
Education.....	64
Employment.....	67
Services for Immigrants	75
Legal Services.....	84

prepared by

ending homelessness

st. stephen's HUMAN SERVICES

Hotlines/Emergency Phones

Battered Women's Hotline

Phone: 651-646-0994

Council on Crime and Justice Victim Services

Phone: 612-340-5400

Canvas Health Crisis Connection

24-hour crisis counseling

Phone: 612-379-6363 or toll-free 1-866-379-6363

HCMC Crisis Intervention Center

Phone: 612-873-3161

Metro Shelter Hotline

Information and referral to metro-area shelter/housing

Phone: 1-888-234-1329

Minnesota Food Helpline (see also p. 9)

Phone: 1-888-711-1151 (*Multilingual assistance is also available*)

Provides: Statewide food resource information & referral helpline.
Assists in locating food resources (food shelf and/or hot meal).

National Runaway Switchboard

Phone: 1-800-621-4000

Referral to Safe Shelter

Neighborhood Involvement Program (NIP)

Phone: 612-825-4357

Counseling for Victims of Sexual Assault

Rape and Sexual Assault HelpLine

Phone: 612-825-2409

PRIDE - The Family Partnership

Phone: 612-728-2062

Crisis line for women & girls who are victims of prostitution

Suicide Prevention

Phone: 612-873-2222

Tubman

Phone: 612-825-0000

Battered women's shelter hotline

United Way 2-1-1

Phone: 211 or 651-291-0211 (on a cellphone)

Food & shelter Info; referral to specific agencies

Table of Contents

Acknowledgments	4
Section 1. The Essentials	5
A. Clothes Closets.....	5
B. Food Shelves	7
C. Free Meals	12
D. Overnight Shelter	15
E. Showers.....	19
F. Transitional Housing.....	20
G. Affordable Housing.....	23
H. Furniture	29
I. Case Management.....	30
Section 2. Public Assistance	33
A. Types of Assistance	33
B. MN Family Investment Program (MFIP)	34
C. Emergency Assistance (EA).....	35
D. Energy Assistance.....	36
E. Food Support.....	37
F. General Assistance (GA).....	38
G. Medical Assistance (MA).....	38
H. Minnesota Supplemental Aid (MSA)	39
I. Social Security.....	40
Section 3. Health Care	42
A. Community Clinics	42
B. Hennepin County Health Care for the Homeless	46
C. Emergency Express Care	47
D. HIV & STD Testing & Treatment	47
E. Mental Health Services.....	49
Map of Downtown Minneapolis	52
F. Alcohol & Chem Dependency Counseling & Treatment ...	57
G. Dental Care.....	60
H. Veterans	62
I. Youth.....	63
Section 4. Education & Employment	64
A. Educational Programs.....	64
B. Job Training & Placement.....	67
C. Day and Temporary Labor	72
Section 5. Special Help & Advocacy	74
A. Youth Programs.....	74
B. Services for Immigrants.....	75
C. Help for Veterans	78
D. Victims of Abuse and Crime.....	80
E. Legal Assistance.....	84
F. Police Misconduct.....	86
G. Advocacy.....	88
H. Programs for Ex-Offenders	91
Index	92

Acknowledgments

St. Stephen's Human Services extends its thanks to the many people who have contributed to the 16th edition of the *Minneapolis Handbook of the Streets*.

Terry Hildebrandt at the Salvation Army district headquarters again helped keep the book up-to-date with information about their many locations and services. Likewise, Anne Semenak and Ann Noeker of Hennepin County Human Services & Public Health Dept. helped coordinate the review of information in the public assistance section.

We also offer thanks to the following volunteers who made many phone calls updating agency information: Pat Helin, Ruth Meitz, Richelle Pearl-Koller, and Tommi Stevens.

If you find errors or omissions in this book, or have any suggestions, please call 612-870-2283 or e-mail me at mmenner@ststephensmpls.org so that we may continue to improve the handbooks.

*Mike Menner
St. Stephen's Human Services
November 2013*

©2013 St. Stephen's Human Services.
2309 Nicollet Ave. S., Minneapolis, Minnesota 55404
All rights reserved. Reproduction in whole or in part is
not permitted without the written permission
of St. Stephen's Human Services.

ending homelessness

st. stephen's HUMAN SERVICES

Section I. The Essentials

A. Clothes Closets

Camden Neighborhood Center

1210 37th Avenue North

Phone: 612-529-8054

Hours: Monday-Friday 9 am-4:30 pm.

Provides: A “career closet” with clothing for job interviews.

Central Lutheran Church

333 South 12th Street

Phone: 612-870-4416

Hours: Monday and Thursday from 10 am–2 pm; Tuesday and Wednesday 10 am-12 pm. Nursing center provides first aid, blood pressure checks, and basic care assessment. Pastoral assistance available by appt Mondays & Tuesdays and from 9-11 am Wednesday and Thursday. There is a meal on Mondays 11:30 am–12:30 pm.

Cornerstone Ministry (Park Ave. Church)

3400 Park Avenue South

Phone: 612-825-6863

Hours: Wednesday 4:30–6:00 pm

Remarks: Clothing is sold for 50¢-\$1.00 per item. Household items are also sold.

The Clothes Closet/CSJ Ministry Center

2200 Nicollet Avenue South (garage entrance at back)

Phone: 612-870-1815

Hours: Wednesdays and Thursdays 11 am-2 pm.

Remarks: Clothing, linens, towels and household items are available.

Marie Sandvik Center

1112 East Franklin Avenue

Contact: 612-870-9617

Hours: Thursday noon signup for quilts and 2 pm clothing for women and children; Tuesday at 7 pm and Friday at 7 pm for women; and Sunday at 6 pm for men.

Oak Park Neighborhood Center “Clothes Attic”

1701 Oak Park Avenue North

Phone: 612-377-7000

Hours: Monday-Thursday, 9 am–5 pm; Friday 9 am-4 pm.

Remarks: Clothing available at no cost.

Sabathani Community Center

310 East 38th Street, Room 20-LL (Family Resource)

Phone: 612-821-2396

Hours: Monday–Thursday from 9–11:30 am and 1–3 pm. (Arrive before 2:45 pm.)

Salvation Army Center City Office

53 Glenwood Avenue

Phone: 612-659-0711

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Remarks: Walk-ins welcome. Once you have talked to a case-worker, you may receive a voucher to a Salvation Army thrift store. You need to provide a referral from an overnight shelter and photo ID at the time of appointment.

Salvation Army

Temple: 1604 East Lake Street

Phone: 612-767-2700

Parkview: 2024 Lyndale Avenue North

Phone: 612-522-6581

Central: 2727 Central Avenue Northeast

Phone: 612-789-1512

Noble: 10011 Noble Parkway

Phone: 763-425-0517 ext. 105

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Remarks: Call for an appointment. Once you have talked to a caseworker, you may receive a voucher to a Salvation Army thrift store. You need to provide a photo ID and piece of current mail at the time of the appointment.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

Phone: 612-338-4640

Hours: Monday–Thursday 10–11:30 am and 1:30–3 pm.

Low-cost Thrift Stores

St. Vincent de Paul

2939 12th Avenue South

Phone: 612-722-7882

Hours: Monday through Friday, 10-6 pm, Saturday 10-4

Salvation Army Stores

900 North 4th Street

Phone: 612-332-5855

Hours: Monday–Friday 9am–7 pm; Saturday 8-5.

3740 Nicollet Avenue South

Phone: 612-822-1200

Hours: Monday–Friday 10 am–7 pm; Saturday 9-5.

Steeple People Surplus Store

2004 Lyndale Avenue South

Phone: 612-871-8305

Hours: Monday 10:30-5:30 pm; Tuesday 10:30 am-6:30 pm;

Wednesday–Friday 10:30 am-5:30 pm; Saturday 10 am-5:30 pm.

B. Food Shelves

The following food shelves require picture identification and proof of residence (utility bill, medical card, etc.) since they serve only those who live within designated areas; and they will serve a person only once a month. If you do not have a permanent address, you can go to Sharing and Caring Hands or Pastor Paul's Mission; you will still need some form of ID. If you don't know which is your food shelf, call the Emergency Foodshelf Network (763-450-3860).

If, after getting food from your area food shelf, you need additional food, call UnitedWay 2-1-1, 211 or 651-291-0211 from cell phones.

Brian Coyle Community Center

420 15th Avenue South

Phone: 612-338-5282

Hours: Monday, Wednesday and Friday, 12–3 pm; Tuesday 12–6 pm.

Service Area: For those persons east of I-35W, south of Hennepin Ave., west of the river and north of I-94 (ZIP 55454).

Center for Asians and Pacific Islanders

310 East 38th Street, Room 29 (Sabathani Ctr.)

Phone: 612-721-0122

Hours: Call for appointment to sign up on Tuesday & Thursday, 10 am–noon and 1–4 pm.

Service Area: Primarily for persons of Asian descent who live in Hennepin County.

Centro Cultural Chicano

1915 Chicago Avenue South

Phone: 612-874-1412

Hours: Hours vary; you must call at 8:30 am on Friday to make an appointment.

Service Area: Emergency food shelf is targeted for Spanish-speaking people, but is open to all in need. Crisis referrals available.

Community Emergency Service

1900 11th Avenue South

Phone: 612-870-1125

Hours: Monday, Tuesday, Thursday 1–4 pm; Wednesday 1–6:30 pm; Friday 1–3 pm. CES listens well and provides resources to lift the Spirit as we are able.

Service Area: For those who live east of 35W, west of Mississippi River, south of I-94, and north of Lake Street.

Remarks: Monday through Thursday food shelf is limited to people in the service area. Participants must provide ID and proof of address. Friday food giveaway is open to anyone regardless of address.

Division of Indian Work

1001 East Lake Street

Phone: 612-722-8722

Hours: Monday, Tuesday and Wednesday 12-3 pm.

Service Area: primarily for Native Americans who are enrolled with a tribe.

Fare for All Program

Phone: 763-450-3880 or 1-800-582-4291

Remarks: The Fare for All program is not a food shelf. It is a monthly program that allows participants to receive a package of food including fruits, vegetables and meat, for about \$20. Some locations add a small transportation fee. Call for neighborhood locations and more information.

Groveland Emergency Food Shelf/Groveland Food for Youth

1900 Nicollet Avenue South (Enter on Groveland Ave.)

Phone: 612-871-0277

Hours: (Adults) Monday through Thursday 9:30 am–12:30 pm; Friday 10 am–1 pm for those who live in area (see below). Need to bring mail/ID for individuals being served.

Hours: (Youth) Homeless youth ages 23 and under with no residency requirement: Tuesday and Thursday 4-7 pm.

Service Area: For those adults who live in downtown Minneapolis and near-south of downtown area. Call for information on specific addresses. Must show ID.

Remarks: Delivery for adults is available for shut-ins. Stipend program for youth ages 21 & younger is available in exchange for working 3 hours.

Joyce Uptown Food Shelf, Inc.

3041 Fremont Avenue South

Phone: 612-825-4431

Hours: Monday–Friday 1 pm–3:45 pm; and Thursday 5-6:45 pm. Photo ID and proof of address are required.

Service Area: For persons who live south of 25th St., north of 62nd St., west of Lyndale, and east of France Ave.

Little Kitchen Food Shelf

1500 6th Street NE

Phone: 612-788-2444

Hours: Walk-in hours on Monday, Wednesday and Friday 10 am–noon; Tuesday 6 -7:30 pm; and Thursday 12:30-2:30 pm. Other times available by appointment only.

Remarks: No ID required and no geographic restrictions. Can use the food shelf once every four weeks.

Messiah Lutheran Church

2400 Park Avenue South

Phone: 612-871-8831

Hours: Second Friday and fourth Saturday 8-11 am.

Service Area: For those who live in Phillips neighborhood (east of I-35W, west of Hiawatha Ave., north of Lake St. and south of I-94). Must bring proof of residency. Once per month only.

Minnesota Food Helpline

Phone: 1-888-711-1151 (*Multilingual assistance is also available*)

Hours: Monday–Friday 8:30 am–4:30 pm.

Provides: Statewide food resource information and referral helpline. Callers can be screened for Food Support eligibility and assisted with completing the application for Food Support. Assists callers in locating food resources in their own community whether it be a food shelf and/or hot meal site. Also makes referrals for other public food programs like WIC (Women, Infants and Children), MAC (Mothers and Children) and NAPS (Nutrition Assistance Program for Seniors).

Mothers and Children Food Assistance Program

Nutrition Assistance Program for Seniors

Phone: 651-484-8241 or 1-800-365-0270

Hours: Monday, Wednesday, Thursday, and Friday 8 am–4 pm; Tuesday 8 am–7 pm

Provides: Through two programs, provides supplemental USDA Commodity Food Package to women and children (breast feeding and non-breast feeding women one year postpartum, pregnant women, and children between ages of 5 and 6; must not be receiving WIC). Nutrition Assistance Program for Seniors serves people 60 years and older. There are several sites in the metro area. Call for information.

New Creation Baptist Church

1414 East 48th Street

Phone: 612-825-6933

Hours: Food and clothing pantry is open Saturdays 10 am–2 pm and Wednesdays 9 am–1 pm.

North Point Health & Wellness Center

1315 Penn Avenue North

Phone: 612-767-9175

Hours: Monday, Tuesday and Thursday 9 am–3 pm; Wednesday 11 am–6 pm.

Remarks: New registration is done 9-11:30 am. Persons need to bring some form of identification like Minnesota ID, Social Security card for each family member and mail with current address on it.

Sabathani Community Center

310 East 38th Street, Room 20-Lower Level

Phone: 612-821-2396

Hours: Monday–Friday 9–11:30 am and 1–3:30 pm.

Service Area: South of Lake Street, east of Nicollet Avenue between 32nd and 62nd Streets, and west of Cedar Avenue. Also between Lyndale and Cedar from 46th St. to 62nd St.

Salvation Army Central Social Services

2727 Central Ave. NE

Phone: 612-789-1512

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Service: Walk-in food shelf, including culturally specific food items available, specifically Hmong-Laotian.

Remarks: For those living in ZIP codes 55418, 55413, 55414, and Hennepin Co. part of 55421. We are a walk-in food shelf, but you may also call for an appointment. Can be used only once a month. Must provide photo ID and current piece of mail for all adults and ID (social security card, birth certificate, medical card) for all children at time of visit.

Salvation Army Center City Office

53 Glenwood Avenue

Phone: 612-659-0711

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Service Area: ZIP codes served: 55401, 55402, 55403, 55404, and 55408. 5th Ave. S on the east, Mississippi River on the north, Kenwood and Grant Street on the south, and railroad on the west. Walk-ins allowed.

Remarks: Culturally-specific food items are available upon request.

Salvation Army Parkview

2024 Lyndale Avenue North

Phone: 612-522-6581

Hours: Monday–Friday 8–noon, 1–4:00 pm.

Service Area: For persons who live in north Minneapolis. Walk-ins allowed. Can be used only once a month. Must provide photo ID and current piece of mail at time of appointment.

Salvation Army Temple

1604 East Lake Street

Phone: 612-767-2700

Hours: Monday–Friday 8–noon, 1–4:30 pm.

Service Area: For persons who live in south Minneapolis or southern Hennepin County. Call for an appointment. Can be used only once a month. Must provide photo ID and current piece of mail at the time of appointment.

Remarks: Culturally specific food items are available upon request. Home delivery of food is provided to those with verifiable need.

Senior Food Shelf

1801 Central Avenue Northeast

Phone: 612-788-9521

Hours: Monday through Friday 10 am-2:45 pm.

Remarks: Food shelf for people 55 and older. Must reside in Hennepin County. May use food shelf once per calendar month.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

Phone: 612-338-4640

Hours: Monday–Thursday 10–11:30 am; 1:30–3 pm.

Remarks: If you are receiving welfare, go to neighborhood food shelf first.

Simpson United Methodist Church

2740 First Avenue South

Phone: 612-874-7741

Hours: Tuesday–Friday from 9:30 am–12:30 pm.

Service Area: West of Portland Avenue, east of Lyndale Avenue, north of Lake Street, and south of Franklin Avenue.

Remarks: Must have proof of residence and piece of mail with name and address or medical card for self. Family members must have medical, school ID or birth certificate. Can be used once every 30 days.

Waite House

2323 11th Avenue South

Phone: 612-721-1681

Hours: Monday through Friday 10 am-6 pm.

Service Area: Phillips neighborhood.

Remarks: Free produce on the second and fourth Wednesday of the month at 1 pm; numbers are handed out at 11:45 and 12:00. At noon there is a speaker presentation.

WIC Program (Women Infants Children)

Phone: 612-348-6100

Provides: Health and nutrition assessment; vouchers for quality food like milk, cheese, iron-rich cereal, peanut butter and dry beans; information/referral, breastfeeding support.

Qualifications: To be eligible, you must 1) live in Hennepin County; 2) be a woman who is pregnant, breastfeeding or have had a baby in the last 6 months-year, be an infant, or be a child less than 5 years old; 3) be income eligible. This will be determined at the WIC intake appointment or by phone.

C. Free Meals

Breakfast

Catholic Charities Opportunity Center

formerly Branch III

740 East 17th Street

Phone: 612-204-8300

Serves breakfast 7–8 am Monday through Saturday.

House of Charity Food Centre

714 Park Avenue South

Phone: 612-436-2055

Serves women and families with children Monday–Friday from 8:30–9 am. Brunch is served to anyone on Saturday and Sunday from 10:30–11:30 am.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

Phone: 612-338-4640

Serves breakfast 10 am Monday–Thursday; 9:30 am Sat & Sunday.

Drop-in Centers, Lunch and Snacks

Catholic Charities Opportunity Center

740 East 17th Street

Phone: 612-204-8300

Serves lunch 11:30–12:30 Monday through Saturday.

Drop-in Hours: Monday–Saturday 7 am–3 pm. The Opportunity Center also has small-scale storage lockers (\$5 for 30 days only; after that must wait 2 months to rent locker again), showers, and laundry available Monday–Friday (\$1 for one wash/dry load).

Central Lutheran Church Restoration Center

333 South 12th Street

Phone: 612-870-4416

Hours: Lunch is served on Mondays 11:30 am–12:30 pm. Outreach is done Monday 7 am–2 pm and Tuesday–Thursday 7:30 am–2 pm (assistance with medical co-pays and glasses, some dental and transportation assistance. Computer access is available Monday–Thursday 7:30–2. Pastoral assistance is available by appointment Mondays & Tuesdays and from 9–11 am Wednesday and Thursday.

Community Emergency Service

Phone: 612-870-6121

Provides: Meals-on-wheels delivered for elderly and disabled individuals.

House of Charity Food Centre

714 Park Avenue South

Phone: 612-436-2055

Hours: Lunch is served Monday–Friday from 12:00–1 pm. Weekend brunch served Saturday and Sunday from 10:30–11:30 am.

Marie Sandvik Center

1112 East Franklin Avenue

Phone: 612-870-9617

Thursday women's spiritual/gospel program at noon, followed by lunch. On Fridays movies are shown at 3pm with refreshments. Tuesdays, Fridays and Sundays, bible study with light refreshments.

Peace House

1816 Portland Avenue South

Phone: 612-870-7263

Provides: A gathering place where poor, homeless and economically comfortable people come to form community, work for non-violence, affirmation and responsibility. Emphasis on spirituality through daily reflection time together, followed by lunch. Doors closed for reflection, meditation and lunch from 11:30-12:45.

St. Mark's Episcopal Cathedral

519 Oak Grove Street

Phone: 612-870-7800

Hours: Warm Space open Thurs. 12-5 pm. Bag lunches, snacks.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

Phone: 612-338-4640

Hours: Serves lunch Monday-Thursday at noon; Saturday and Sunday at 11:30 am.

Waite House

2323 11th Avenue South

Phone: 612-721-1681

Hours: Lunch is served 11 am-12:30 pm, Monday-Friday.

Dinner

Loaves and Fishes Too

All sites serve Monday-Friday 5:30-6:30 pm except as noted.

River of Life Church

2200 Fremont Avenue North

Phone: 612-521-7655

Holy Rosary Church

2424 18th Avenue South

Phone: 612-724-8929

Serves 5:15-6:15 pm Monday-Thursday

St. Stephen's School

2123 Clinton Avenue South

Phone: 612-871-2981

Creekside Community Center

9801 Penn Avenue South, Bloomington

Phone: 952-948-0746

Hope Church

7132 Portland Avenue South, Richfield

Phone: 612-869-7700

Serves Monday-Thursday 5–6 pm.

St. Mark's Episcopal Cathedral

519 Oak Grove Street

Phone: 612-870-7800

Hours: Dinner on Mondays at 6 pm for people under 30.

Salvation Army Harbor Light Center

1010 Currie Avenue

Phone: 612-338-0113

Hours: A hot meal is served seven days a week at 6 pm.

Sharing and Caring Hands (Mary Jo's)

425 North 7th Street

Phone: 612-338-4640

Hours: Dinner is served Monday–Thursday at 4 pm.

Other Weekend Meals

Calvary Baptist Church

2608 Blaisdell Avenue South

Phone: 612-872-7855

Remarks: Dinner on Sundays, October–April. Doors open at 1:30 pm for 2:30 meal. In 2014, will be closed on the first Sunday of the month.

Salvation Army Harbor Light Center

1010 Currie Avenue

Phone: 612-767-3100

Remarks: A nice dinner is served after chapel (service begins at 10 am). You must attend chapel to go to the meal. The regular “nutrition line” is at 6 pm.

Wesley Church

101 East Grant Street

Remarks: Tickets are issued at 10:30 am and doors open at 11:30 for noon meal.

These Sunday meals are served 5–6 pm

First and Fifth Sundays of the Month

Hennepin Avenue Methodist Church

511 Groveland Avenue

Second Sunday of the Month

St. Mark's Episcopal Cathedral

519 Oak Grove Street

Third Sunday of the Month

Plymouth Congregational Church

1900 Nicollet Avenue South

D. Overnight Shelter

Metro Shelter Hotline

Phone: 1-888-234-1329 (toll free)

Remarks: Provides information about emergency shelter and transitional housing for single adults, families and youth in the 7-county Metro area.

Women only

Salvation Army Harbor Light Center

1010 Currie Avenue

Phone: 612-767-3113

Sally's Place: A secure shelter and breakfast for single homeless women. Beds are available first come, first serve each night starting at 4 pm. *Open to women only.*

Simpson Women's Shelter

2740 1st Avenue South

Phone: 612-874-8683 (daytime); 612-871-1138 (after 5 pm)

Hours: 6 pm–7 am.

Provides: Overnight shelter for 22 women; dinner, a simple breakfast and a to-go lunch are served to guests; and showers, laundry and advocacy are available.

Remarks: See lottery procedure below for intake. Women who agree to save 40% of their income to be used toward housing will receive an extended stay. (Need pay stubs to verify employment or disability benefits.) Legal clinic on 3rd Monday of month, 6-8 pm.

Women's Shelter Lottery Process for Simpson and Our Saviour's Shelters

- The lottery for available beds at Simpson and Our Saviour's Shelter will be held at 2740 1st Ave S on Wednesday afternoons at 3:30 pm. Women needing beds can arrive between 3:00-3:30 pm. If a woman cannot attend the lottery she can call 612-871-1138 and leave a message explaining why she cannot attend the lottery and have her name entered as a call-in. She will have to provide verification of why she is unable to attend. She can then call back after the lottery is over to see where she ended up in the lottery. There will be no one-night or waiting list beds given out through the lottery.
- Any woman who does not get a bed at the lottery will still have a chance throughout the week to stay at Simpson Shelter by calling in nightly for one of the 7 open "nightly-beds."

Men and Women

Salvation Army Harbor Light Center

1010 Currie Avenue

Phone: 612-767-3113

Emergency Housing: Provides shelter, personal hygiene items and meals for homeless single adults who are receiving GA, social security or other benefits. *Open to men and women. Access through Hennepin County Shelter Team at Century Plaza.*

Booth Program: Provides shelter, personal hygiene items and meals for able-bodied adults who are employed or actively seeking employment. There is a \$10/day “co-pay” to stay there. *Open to men and women.*

Our Saviour’s Shelter

2219 Chicago Avenue South

Phone: 612-872-4193, ext. 11

Hours: 6 pm–7 am.

Provides: Has 34 beds for men and 6 beds for women are available for 28 days. Some extensions are possible. Breakfast, supper, showers, laundry, and an address to receive mail are available. Building is wheelchair accessible. *See lottery procedure on previous page for women; men’s lottery see below.*

Men’s Shelter Lottery Process for Simpson, St. Stephen’s & Our Saviour’s Shelters

- Drawings for available beds will be held at Simpson Shelter, 2740 1st Ave. S. on Monday nights at 6:30 pm. You can arrive after 6 pm, but must be signed up for the lottery before 6:30. **You must be sober** to participate in the lottery, meaning no alcohol or drug use at all prior to the drawing.
- There will be no one-night beds given out through individual lotteries.
- On Mondays a waiting list will be chosen for each shelter. People on the waiting list may receive 1 night or 28 nights depending on which shelter’s waiting list they are on. People on the waiting list should contact their respective shelter each day to see if beds are available.

Men Only

Catholic Charities Higher Ground

165 Glenwood Dr.

Phone: 612-204-8552

Provides: Provides overnight shelter for single men without children who are not eligible for county shelter. Open 7 days a week from 5 pm–7 am. A light dinner is served. Restrooms and showers are available. Pay-for-Stay beds are available for \$7/night (which is saved for future rental costs). Pay-for-Stay is open from 4 pm–9 am and has lockers and a computer lab for residents. Must have staff referral, then are put on a list for pay-for-stay.

St. Stephen's Shelter

2211 Clinton Avenue South

Phone: 612-874-9292

Hours: 6 pm–7 am.

Provides: 43 beds are available for stays of up to 28 days. Must be sober to stay here. People who work late and have a 28-day spot can come to shelter late. See *Lottery Process on previous page*. You can get an extended stay by saving 40% of your income toward permanent housing. If you have never been to the lottery before, you can talk to shelter staff to be put on a waiting list.

Services: Breakfast, showers, weekend meals and laundry are available to guests. Regular medical services are offered, Hennepin County Access workers make regular visits and staff members speak Spanish. Job preparation & search program is available for guests at St. Stephen's, Our Saviour's and Simpson.

Salvation Army Harbor Light Center

1010 Currie Avenue

Phone: 612-767-3100 x3158

Safe Bay

A secure shelter for single homeless men. Beds are available first come, first serve each night at 8 pm.

Simpson Men's Shelter

2740 1st Avenue South

Phone: 612-874-8683 (day); 874-0306 (3–5 pm; after 6 pm)

Hours: 6 pm–7 am; office hours are Monday–Friday 3–5 pm.

Provides: 40 beds for men for 28 days. See *Lottery Process on previous page*. Hot dinner, a simple breakfast and a to-go lunch are served to guests and showers, laundry, storage, savings, health clinic & advocacy.

Remarks: Simpson has a savings program which allows guests an extended stay if they are saving 40% of their earnings toward housing and have pay stubs to verify employment or disability benefits. Legal clinic is held the third Monday of the month from 6–8 pm.

Families with Children

People Serving People

614 South 3rd Street

Front Desk Phone: 612-277-0201

Remarks: The focus of this shelter is on families with children; and single pregnant females. The majority of referrals are by Hennepin County. Single pregnant women would share a room with one or two other women, while families have a private room. Women with one child under 8 share a room.

Services: Three meals, private rooms with a phone, bathroom and shower, and free laundry facilities are available. Assistance from Minneapolis Public Schools, medical clinic, Economic Assistance, Minneapolis Crisis Nursery, Rapid Exit and a preschool are also available, as well as services from 40 other agencies.

Families Moving Forward

1808 Emerson Avenue North

Phone: 612-529-2185

Remarks: Space is available for 8 families with children. 60-day stays with extensions available. Families sleep in congregations. Laundry, showers and meals are available.

Hours to call for shelter: If you are in need of shelter, call to find out about openings between 7:30 am-5:30 pm Monday-Sunday.

Mary's Place

401 North 7th Street

Phone: 612-338-4855

Intake Hours: Monday through Thursday 10:15–11:30 am and 1:30–3 pm. Your entire family must go to Sharing and Caring Hands (525 N. 7th St.) to apply for shelter at Mary's Place.

Provides: Shelter for up to 30 days for families with two or more children.

St. Anne's Place

2634 Russell Avenue North

Phone: 612-521-2128

Remarks: Up to 16 rooms are available for homeless families (mothers age 18+ and children only; no men). Families are referred through Hennepin County shelter team.

Battered Women

Tubman

3111 1st Avenue South

Business Phone: 612-825-3333

Office Hours: Monday–Thursday from 8 am–5 pm; Friday 8 am–noon.

24-hour Crisis Intake: 612-825-0000

Remarks: There is space for 80 women and their children in a secure environment. Referrals are made to safe shelters in the area when they are without space. Also has a site in Maplewood.

There are several shelters located in the metro area for battered women and their children. The Battered Women's Hotline, 651-646-0994, offers assistance 24 hours a day. See page 80 for services for victims of crime and abuse.

Youth

Avenues

1708 Oak Park Avenue North

Phone: 612-522-1690

Intake information: Call for information. Open 24 hours a day, seven days a week.

Provides: Overnight shelter for youth ages 16–20; clothing, case management, referral to services, legal assistance.

The Bridge

1111 West 22nd Street

Phone: 612-377-8800

Hours: Open 24 hours a day.

Remarks: Space for 14 youth, 10-17. Call to see if space is available.

Services: Street outreach and youth support groups, individual and family counseling.

Camden Neighborhood Center

1210 37th Avenue North

Crisis Nursery line: 612-302-3500

Office Phone: 612-529-8054

Office Hours: Monday-Friday 9 am-4:30 pm.

Provides: Crisis nursery services in a community-based family support program that provides services to parents and children in times of crisis or stress.

Hope Street

1126 East 46th Street

Phone: 612-204-8448

Intake: Call for information about available openings.

Provides: Shelter for youth ages 16-20; case management, on-site clinic, MH services, independent living skills training.

YouthLink / Youth Opportunity Center

41 North 12th Street

Phone: 612-252-1200

Remarks: Will provide assessment of needs, and can network with other agencies to provide shelter for youths. Call between 9 am and 8:00 pm Monday through Friday or stop in. Open 3-8 pm Monday-Friday.

E. Showers

Catholic Charities Opportunity Center

740 East 17th Street

Showers and laundry are available Monday-Friday 8-11 am. Arrive between 7-8 am to receive a ticket for shower.

House of Charity

510 South 8th Street

Showers are available Monday-Friday, 9 am-1 pm.

Salvation Army Harbor Light Center

1010 Currie Avenue

Showers are available seven days a week, 8 am-4:30pm.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

Hours: Monday-Thursday, 10:30-11:30 am and 1:30-2:30 pm.

F. Transitional Housing

Alternative Homes

2430 Pillsbury Avenue South

Offices: 2446 Portland Avenue South

Phone: 612-874-6321 or 612-874-0207

Intake procedures: Call to schedule an interview. Clients must be approved by a Hennepin County financial worker or be able to self-pay. Contact Dave Bates.

Provides: Safe, sober housing for single, adult men. One house has 24-hour staff and medication assistance. Room and board are included in rent, which is often paid through GA or SSI. There is no limit to how long a resident can stay there, only that they follow the rules.

Arrigoni House West

508 University Avenue SE

Phone: 612-331-6582

Intake procedures: Intake done by phone only Tuesday and Thursday 8:30–11 am. No walk-ins. Must be receiving benefits through GA or MSA.

Provides: Level 4 board and lodge for chemically dependent and chemically dependent-mentally ill males; voluntary structured living environment.

Ascension Place

1803 Bryant Avenue North

Phone: 612-588-0861

Provides: Sober supportive housing for women with mental illness, chemical dependency, domestic violence or homelessness. No children. Room and board is paid by GRH through GA or SSI. Private bedrooms with shared bathrooms; all meals provided. Must have 60 days of sobriety and commit to living at least 2 months at Ascension Place. No limit on how long a resident can stay.

The Bridge

1111 West 22nd Street

Phone: 612-377-8800

Hours: Open 24 hours a day.

Remarks: Transitional living program for up to 14 youth between the ages 16–20. Up to 18-month stay.

Cabrini Partnership

1025 SE 6th Street

Info Phone: 612-454-4484

Remarks: Transitional housing for homeless or potentially homeless single adults (18 & older) with chemical dependency and/or mental illness issues with no spouse or children. Must have 30 days of sobriety, be active in the community for 30 hours per week, and make at least a 3-month commitment. Can stay up to two years. Call for intake appointment.

Intake: Must be a current resident in a shelter, treatment program or mental health facility, or be referred by a case manager. Must be receiving GA from Hennepin County or Social Security and eligible for GRH funding or self-pay.

House of Charity

510 South 8th Street

Phone: 612-594-2000 (front desk)

Intake: Must be referred to program. Call for info.

Remarks: Programs include Day-by-Day outpatient treatment program, transitional housing, rule 25 assessments. Must have a source of income.

Kateri Residence

2408 4th Avenue South

Phone: 612-871-0477

Intake: Call for an interview.

Provides: Supportive living residence to chemically dependent women, with priority given to Native Americans. Kateri's program is culturally based with an average stay of 6 months-1 year, although people can stay until they are ready to move on to independent living. Pregnant women and women with pre-teen children can be accommodated. Women working to regain custody of children are permitted to have children visit during the day and overnight visits on site during the weekends. Residents must be committed to sobriety and be willing to take part in community living. Ten hours of in-house programming and 20 hours of individualized off-site programming are required. These hours can include outpatient treatment, counseling, parenting classes, relapse prevention, domestic violence classes, GED studies, college, job training and/or a combination of those things. A nurse is on-site and an alumni program with housing is available for women with children graduates.

Metro Shelter Hotline

Phone: 1-888-234-1329 (toll free)

Remarks: Provides information about emergency shelter and transitional housing for single adults, families and youth in the 7-county Metro area.

Midwest Challenge

3159 Park Avenue South

Phone: 612-825-6871 x7

Provides: A residential program in a safe, supportive environment for men ages 18 and older who desire to get their lives on a productive course, i.e., staying free of drugs, alcohol, and other addicting and enslaving behaviors. The program offers emotional, intellectual, physical and spiritual support to help participants grow and gain the strength to succeed. Programs 6 months to 1 year in length..

Intake: Potential clients must make an appointment for an interview with the admissions coordinator. Each person accepted into the program must apply for GA and GRH. Goal-setting, counseling and classes will be included in each person's program.

Our Saviour's Housing

2301 Chicago Avenue South

Phone: 612-872-4193, ext. 34

Remarks: Must be sober in order to enter any of the following programs. Rent is no more than 30% of income. Cooperative living environment and a sober and drug-free house. Candidates for this program must be referred from Our Saviour's Housing shelter programs.

St. Stephens Residence

Housing for ten men for up to two years.

Westwood House

Housing for six women for up to two years.

Salvation Army Harbor Light Center

1010 Currie Avenue

Phone: 612-767-3109; **Veterans should call** 612-767-3100 x3144

Remarks: Transitional housing and structured sober living for men and women recovering from chemical dependency or chronic homelessness. Housing is offered at Harbor Light Center as well as at offsite locations. Additional programming provided for veterans. Veterans must apply through the VA's Front Porch meeting at the VA Medical Center on Thursday mornings at 7:30 am or at the Veterans Community Resource and Referral Center downtown Monday through Friday at 7:30 am.

Simpson Housing Services

2100 Pillsbury Avenue South

Phone: 612-455-0855 Call on the first Tuesday of the month between noon-2 pm to see if there are openings.

Provides: Housing and advocacy for up to two years for families with children.

Remarks: Family advocates work with parents and education advocates work with children. Housing is scattered-site and site-based within Hennepin County.

Wayside Family Treatment
2120 Clinton Avenue South

Phone: 612-871-0099

Remarks: Long-term residential substance abuse and mental health treatment program. This comprehensive family treatment program provides services for mothers and their children up to age 12. Children are able to visit or live on-site with their mothers. Early childhood education, preschool and parenting groups provided. Services include on-site nursing staff, recovery coach, family therapy, play therapy, relapse prevention and DBT-based skills groups.

YouthLink

St. Barnabas Apartments
906 South 7th St.

Phone: 612-253-0630

Provides: 39 units of transitional housing with supportive services for youth ages 16-21.

G. Affordable Housing

Rental Housing

Alliance Housing Inc.

2309 Nicollet Avenue

Phone: 612-872-2310

Remarks: Scattered independent living sites provide shared units for homeless single adults and apartments for homeless families. There are no subsidies or services. Income must be verifiable.

The Archdale

1600 1st Avenue South

Phone: 612-253-1460

Remarks: Has 30 units of permanent rental housing for youth ages 16–21. There also are 7 scattered site apartments for single teen parents. It is an alcohol- and drug-free program. Applicants must currently be homeless.

The Bridge

1111 West 22nd Street

Phone: 612-377-8800

Hours: Monday–Friday 9 am–6 pm.

Remarks: 20 scattered-site apartments with rent subsidies and support services for youth ages 16-20. All referrals must come through Hennepin County EJJ. Occasionally referrals may come through another Hennepin County program.

Drake Hotel

416 South 10th Street

Contact: 612-359-0947

Rent: *Single adults:* \$150/week; *Couples:* \$200/week, \$50 for each additional person.

Remarks: County vouchers are accepted.

Evergreen Residence

177 Glenwood Avenue

Phone: 612-204-8406

Rent: \$370/month

Provides: Single rooms with shared baths.

Intake: Walk-in to fill out application. Has a 24-hour front desk. \$20 application fee and interview required.

Remarks: Must have verifiable income less than \$33,000; call or stop in to be put on an “interested list.”

Exodus Residence

819 2nd Avenue South

Contact: 612-204-8330

Rent: \$360/month (single room)

Deposit: \$100 (includes key deposit) (\$5/lost key)

Remarks: Must be referred by Hennepin County. 25 units of transitional housing; 49 GRH supportive housing units. Case management is available. Stays are up to 2 years in transitional units.

The Heritage

624 South 9th Street

Contact: 612-630-3600

Remarks: 16 efficiency units for homeless single adults.

HOPE Community

611 East Franklin Ave. (use entrance from parking lot)

Phone: 612-874-8867

Hours: Monday–Friday 9 am–4 pm

Remarks: Permanent affordable rental housing open to individuals and families.

Rent: A range of rents and units are available in several different buildings.

Minneapolis Public Housing Authority

1001 Washington Ave North

Phone: 612-342-1400

Hours: Monday–Friday from 8 am–4:30 pm.

Provides: housing assistance in the form of Section 8 rent subsidy vouchers and residence in public housing to individuals, families, and senior citizens who meet eligibility requirements.

Supportive Housing

Alliance Apartments

719 East 16th Street

Phone: 612-630-3600

Rent: 30% of income for section 8, \$478 for the non subsidized units and GRH funding for the addition.

Remarks: 100 units are Section 8 certificates; another 24 are non-subsidized units which are permanent housing. There is no limit on the length you may live here. This is an entirely sober living environment. Residents must document 60 days of sobriety when

applying, and must be sober on and off the property. Supportive services (i.e., AA meetings, case management, counseling) are available. We also have 60 GRH funded units in the new addition. The same qualifications apply for this portion of the building.

Anishinabe Wakiagun

1600 East 19th Street

Contact: 612-871-2883

Remarks: Supportive housing for chronic alcoholics, men and women. Case management services and referrals are available.

Intake Hours: Monday through Friday 7 am-7 pm.

Cabrini Partnership

919 12th Ave SE

Phone: 612-454-4460

Remarks: "Housing First" program to connect individuals who are long-term homeless with supportive housing. Single adults only, no family housing available.

Intake: Clients should not call directly. Must be referred by a shelter or county case manager. Must be receiving GA from Hennepin County or Social Security.

Central Avenue Apartments

1828 Central Avenue NE

Contact: 612-782-2999

Remarks: Efficiency apartments for people who are homeless, sober, and have a verifiable disability. Rent is 30% of income. Must document 60 days of sobriety.

Glenwood Residence

173 Glenwood Avenue North

Contact: 612-204-8405

Remarks: Support services and housing for chronic alcoholics (private room with shared baths; meals included). This is not sober housing.

Catholic Charities Higher Ground

165 Glenwood Dr.

Phone: 612-204-8551

Provides: Permanent supportive housing for people who have been long-term homeless. 74 SRO units are available for single men, and 11 efficiency apartments are available for single men or women.

Rent: Some SRO units are funded through GRH, and some SROs and efficiencies through Section 8, which would be 30% of income. For both you must be receiving some form of public assistance.

Intake: Call for information, or ask staff at Higher Ground shelter.

Salvation Army HOPE Harbor

53 Glenwood Avenue

Phone: 612-659-0705

Rent: Varies. Some units are 30% of income; market rate units are \$330/month

Provides: Permanent supportive housing for single adults. Efficiency unit includes own bathroom, kitchen and furnished bed, dresser and desk.

Remarks: Call first to find out if accepting applications. Applications may also be picked up at front desk.

Lydia Apartments

1920 LaSalle Avenue South

Phone: 612-879-5770

Provides: Permanent supportive housing for people with mental illness or chemical dependency issues. All apartments are efficiencies. Must be homeless, disabled and committed to sobriety (60 days sobriety required).

Intake: Call and ask for Spectrum Coordinator to see if applications are being taken.

Opportunity Housing

Phone: 612-376-7661

Continental Hotel

66 South 12th Street

The Lamoreaux

706 1st Avenue North

The Coyle

1801 LaSalle Avenue

Provides: Group residential housing program with efficiency apartments (some with shared kitchens and baths) for long-term homeless individuals. Regular case management and supportive services will be provided.

Remarks: Must be referred by a social service provider, be age 18 or older, eligible for GA or SSI and have been long-term homeless. Staff will review applications for eligibility before continuing application process.

Our Saviour's Housing

2301 Chicago Avenue South

Phone: 612-872-4021, ext. 13

Provides: Permanent supportive housing for individuals who have a disability and have been long-term homeless.

People Serving People

614 South 3rd Street

Provides: Permanent supportive housing program for families of four or less.

Intake: Contact the Family Stabilization Mgr. (612-277-0262) between 8 am–5 pm Monday–Friday.

Portland Village

1829 Portland Avenue South

Phone: 612-872-9045

Provides: A sober living environment for homeless families with a disability. Rent is 30% of income. Supportive services, including day care, are available.

Remarks: Must have 60 days of sobriety when applying, and must be sober on and off the property.

Pursuit Hometel

1918 Park Avenue South

Phone: 612-874-0332

Provides: Board and Lodge open to men only.

Rent: \$877/month for room and board

Spectrum Homeless Project

1825 Chicago Avenue South

Phone: 612-752-8200

Remarks: Independent living program to help homeless mentally ill individuals to get off the streets and develop a stable rental history. No families or couples.

Turning Point, Inc.

1500 Golden Valley Road

Phone: 612-520-4004

Remarks: Supportive Housing program is a culturally specific, community-based sober, supportive housing program serving homeless men and women over the age of 18. These people must have a primary diagnosis of chemical abuse/dependency, mental illness or HIV. The goal of the program is to provide affordable housing and deliver comprehensive support services.

Other Housing Assistance

American Indian Community Development Corp.

1508 East Franklin Avenue

Phone: 612-813-1610

Hours: Monday through Friday, 8 am–4 pm.

Provides: List of available housing in the seven-county metro area. No financial assistance is provided. While focused on the Native American community, this service is available to all.

Community Emergency Service

1900 11th Avenue South

Phone: 612-870-1069

Provides: Housing assistance for families and single adults who are in danger of losing an apartment who can't get county assistance. Works with families to develop long-term plan for future, including connecting them with employment programs. Housing assistance is available only as funds are available and only for south Minneapolis residents.

Legal Aid Society

430 1st Avenue North #300

Intake: 612-334-5970

Intake hours: Monday–Friday 9:30–11:30 am; 1:30–3:30 pm.

Office Phone: 612-332-1441

Provides: legal assistance for individuals with housing related problems (eviction, sub-standard housing, need for repairs, rent increases, landlord abuses, loss of public housing matters, etc.)

Remarks: Services are free if eligible.

Minnesota Attorney General's Office

Phone: 651-296-3353 or 1-800-657-3787

Hours: Monday through Friday from 8 am–5 pm.

Provides: Information about housing law and tenant rights to anyone in Minnesota.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, Open Access Connections provides an individual voice mail phone number for low income people to receive messages as they look for jobs or housing and as they maintain contact with health care and social services professionals. It also provides a safe phone number for victims of domestic abuse. There is no charge. Call 651-643-0883 for a referral to a participating agency or to one of the outreach sites.

Remarks: Also provides consumer information about free Lifeline cell phones. Call 651-637-1301 to request information about Lifeline companies.

St. Stephen's Ending Long-Term Homelessness

2309 Nicollet Avenue

Phone: 612-767-4757

Provides: Permanent supportive housing to long-term homeless single adults who are receiving GA or SSI. All participants for any of the programs must be referred by a homeless service provider. To ask questions about program openings or information, please call the phone number listed above. Self-referrals are not accepted for these programs but the program will work with you to find a person if you need to be connected with a service provider. The programs do not have a lot of openings so you may be told there is nothing available at this time.

St. Stephen's Prevention Program

2309 Nicollet Avenue

Intake Phone (families): 612-870-2298

Intake Phone (single adults): 612-767-4446

Provides: The Prevention program provides some financial help to prevent families and singles from losing housing.

Intake: Applicants must call first to begin the process.

Remarks: Single adults and families must live in Minneapolis and have used up Emergency Assistance within last 12 months. Situation must be resolvable, and they must have some income to go toward rent.

St. Stephen's Family Rapid Rehousing Program

2309 Nicollet Avenue

Phone: 612-874-0311

Provides: Family Rapid Exit provides assistance to homeless families staying in Hennepin County shelters to find and maintain permanent housing. Staff work with clients find housing as quickly as possible and to develop a service plan which may include advocating with landlords, helping clients understand and comply with leases, job-seeking assistance, and providing support services after clients have moved into their apartments.

Remarks: Families must staying in Hennepin County-funded shelter and be referred through the Rapid Rehousing Screener at Century Plaza.

St. Stephen's Single Adult Rapid Rehousing Program

2309 Nicollet Avenue

Phone: 612-874-0311

Provides: Assistance to homeless individuals to find and maintain permanent housing. Staff work with clients to determine the best plan to get off and stay off the streets. This includes transportation to look at apartments, advocating with landlords, helping clients understand leases, and providing follow-up after clients have moved into their apartments.

Remarks: Single adults without children, call for information. Must be staying in Hennepin County shelter and be referred by a case manager or other staff.

H. Furniture

Camden Neighborhood Center

1210 37th Avenue North

Phone: 612-529-8054

Hours: Monday-Friday 9 am-4:30 pm.

Provides: Can provide referrals to Bridging for furniture. Call for information.

Sabathani Community Center

310 East 38th Street

Phone: 612-821-2396

Hours: Monday–Friday 9:30–11:30 am and 1–3:30 pm.

Remarks: Need transportation for furniture pickup.

Salvation Army

Temple: 1604 East Lake Street

Phone: 612-767-2700

Parkview: 2024 Lyndale Avenue North

Phone: 612-522-6581

Central: 2727 Central Avenue Northeast

Phone: 612-789-1512

Noble: 10011 Noble Parkway

Phone: 763-425-0517

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Remarks: Call for an appointment. Once you have talked to a caseworker, you may receive a voucher to a Salvation Army Thrift Store. You need to provide a photo ID and piece of current mail at the time of the appointment.

Salvation Army Center City Office

53 Glenwood Avenue

Phone: 612-659-0711

Hours: Monday–Friday 8 am–noon and 1–4 pm

Remarks: Walk-ins welcome. Clients must have a referral from a caseworker at an overnight shelter, picture ID, and be moving out of a shelter.

I. Case Management

Assertive Community Treatment (ACT) Homeless Team-People Inc.

2120 Park Avenue South

Phone: 612-465-0105

Hours: Office: Monday–Friday 7:30 am–4pm; In community: Monday–Saturday 7 am–5 pm. *Calls taken 24/7.*

Provides: Field and community case management (assistance with goal-setting, paperwork, appointment attendance), psychiatric provision (including mental health prescriptive medications, med education, and med management), nursing, therapeutic appointment referrals, medical follow-up and monitoring, assistance with employment and volunteering, and informational groups in Hearing Voices, Illness Management and Recovery, and Mental Illness/Chemical dependency).

Remarks: Call to prescreen for qualifications. Must be long-term homeless (1 year consistent, or 4 times in past 3 years), have a serious mental illness diagnosis, and be over the age of 18. Cannot provide services for families.

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

Phone: 612-746-3500

Hours: Monday–Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm.

Provides: Home-centered advocacy series to link families with culturally-specific support and case management.

Metropolitan Center for Independent Living

1600 University Ave W #16

Phone: 651-646-8342

Hours: Monday–Thursday 9 am–4:30 pm; Friday 9:30 am–12:30 pm

Provides: Works with people with disabilities to help them gain a more independent life through life skills classes and one-on-one meetings to discuss goals and develop plans to accomplish the goals.

North Point Health & Wellness Center

1315 Penn Avenue North

Phone: 612-767-9500

Hours: Monday–Friday 8:30 am–5 pm.

Remarks: North Point Human Services offers a wide range of services including: client advocacy, financial counseling, housing and rental assistance, and a food shelf.

Salvation Army Central

2727 Central Avenue Northeast

Phone: 612-789-1512

Hours: Monday–Friday 8 am–noon and 1–4pm.

Provides: Case management services to help individuals move toward self-sufficiency.

Service Area: ZIP codes served: 55418, 55413, 55414, and Hennepin Co. part of 55421. Call for an appointment. Clients must have a photo ID and a piece of mail at the appointment.

Remarks: Other services include hygiene items, referrals for clothing, clothing vouchers and some furniture assistance. Can help once a year with prescriptions that are necessary for survival.

Salvation Army Parkview

2024 Lyndale Avenue North

Phone: 612-522-6581

Hours: Monday–Friday 8 am–noon and 1–4:30pm.

Provides: Case management services to help individuals move toward self-sufficiency.

Service Area: North Mpls. Call for an appointment. Clients must have a photo ID, letter of referral, and a piece of mail at the appointment.

Salvation Army Center City Office

53 Glenwood Avenue

Phone: 612-659-0711

Hours: Monday–Friday 8 am–noon and 1–4 pm

Provides: Case management services to help individuals move toward self-sufficiency.

Service Area: Walk-ins welcome.

Remarks: Other services include hygiene kits, transportation assistance (medical appointments or new job) and employment assistance (resume writing, access to job postings and referral service).

Salvation Army Temple

1604 East Lake Street

Phone: 612-767-2700

Hours: Monday–Friday 8:00 am–12 noon and 1–4 pm.

Provides: Case management services to help individuals move toward self-sufficiency.

Service Area: South Mpls and southern Hennepin county. Call for an appointment. Clients must have a photo ID and a piece of mail at the time of the appointment.

Remarks: Other services include hygiene items, referrals for clothing, clothing vouchers, some furniture assistance and utility assistance. Can help once a year with prescriptions that are necessary for survival.

Section 2. Public Assistance

Everyone has the right to apply for public assistance. Public assistance is available to persons who do not have the financial resources to pay for necessities such as food, housing, and medical care. There are different kinds of assistance, and each program has its own requirements and limits on income/assets.

A. Types of Assistance

Minnesota Family Investment Program (MFIP)

Diversionsary Work Program (DWP)

Emergency Assistance (EA)

Energy Assistance

Food Support

General Assistance (GA)

Medical Assistance (MA)

Minnesota Supplemental Aid (MSA)

Supplemental Security Income (SSI)

What you need: An original picture ID, or a birth certificate, and your Social Security number. **For General Assistance** you must have a Social Security Card *and* one of the following: driver's license, state ID, passport or visa, alien registration card or certificate of naturalization, military photo ID or DD214, school ID, correctional facility photo ID (not from city jail or a mug shot), release/parole agreement (with confirming contact with facility or parole officer), operator's occupational license with photo, employee ID with photo, date of birth and signature, certified or original birth certificate, birth record certification card, notarized copy of a birth record from a Minnesota Indian reservation, or a Tribal Decree card.

Note: When applying always ask about other forms of assistance for which you are eligible. County workers will work with you to find all the programs that you qualify for.

Your Rights:

- to apply or reapply at any time.
- to know the eligibility requirements
- to know how your grant was determined
- to choose where and with whom you live (with certain limitations)
- to appeal any decision or failure to act
- to file a complaint if discriminated against.

Your Responsibilities:

- to provide truthful information
 - to inform the proper agency of changes such as address, income, persons living with you, and other factors which can affect your assistance. This must be done within 10 days of the change.
-

Eligibility Supports Help Line: 612-596-1300

Available Monday through Friday. Call to find out about food stamps, checks and check replacement, financial worker's name & number, questions about Electronic Benefits system (EBS).

Appeals:

You have the right to appeal any decision made which affects benefits which you feel you are entitled to. You must appeal a decision within 30 days. If you receive a termination notice, however, you need to appeal within 10 days.

If you want your grant to continue, you will need to request that in writing within 10 days or it will NOT continue. Any benefits received during an appeal will be considered an overpayment if you lose the appeal.

You may want to seek the advice of a lawyer. See "Legal Assistance" on page 84.

B. MN Family Investment Program (MFIP)

MFIP provides monthly assistance for men and women with children, pregnant women, and two-parent families who have little or no income. Applicants must meet eligibility requirements. (Parent(s) cannot have cash assets worth more than \$2000. While on assistance families may accrue up to \$5000.)

When applying, ask about other assistance you may qualify for such as *Emergency Assistance* (to prevent eviction, mortgage foreclosure and help pay utility bills), *Energy Assistance* (to help pay heat and electric bills), *Food Support*, & *Medical Assistance*.

Where to Apply:

Hennepin County Human Services Dept.

Family Assistance Division (FAD)

330 South 12th Street (Century Plaza)

Phone: 612-596-1300

Northwest Family Service Center

7051 Brooklyn Blvd., Brooklyn Center

Phone: 612-596-1300

You may also call to have the application packet mailed directly to you.

North Point Health & Wellness Center

Gateway Program

1315 Penn Avenue North

Phone: 612-767-9500

Hours: Monday through Friday 8 am–5 pm.

Provides: Gateway’s goal is to increase family strength. This is done by connecting families to services and working closely to achieve family goals. Call for more information about assistance provided to MFIP families.

C. Emergency Assistance (EA)

Where to Apply:

Families:

Hennepin County Human Services Dept.

Family Assistance Division (FAD)

330 South 12th Street (Century Plaza)

Phone: 612-596-1300

Northwest Family Service Center

7051 Brooklyn Blvd., Brooklyn Center

Phone: 612-596-1300

You may also call to have the application packet mailed directly to you.

Adults without children:

Hennepin County Human Services Dept.

Adults-Disabled Division (ADAD)

330 South 11th Street (Century Plaza)

Phone: 612-596-1300

You may also call to have the application packet mailed directly to you.

Emergency Assistance provides emergency financial assistance for families experiencing a crisis such as eviction, fire, utility shut-off, or a crisis which threatens to displace a person or family from a home or apartment. Persons must meet income and resource eligibility requirements. All income and savings are counted when determining eligibility and must be applied to help meet the emergency expenses. Housing expenses must meet affordable guidelines based on income. Bring in utility shut-off notice to receive assistance if utility service has been discontinued.

***Emergency Assistance is limited to one use
during a 12-month period.***

Expedited Appeal

If your application for Emergency Assistance is denied, you may appeal the decision. If you request an expedited appeal, a hearing can be granted within a few days. See *Appeals*, page 34. (You may want to consult with your Advocate; see also “*Legal Assistance*”—page 84).

Brian Coyle Community Center

420 15th Avenue South

Phone: 612-338-5282

Provides: Emergency financial assistance, transportation assistance, food, and support for victims of crimes.

D. Energy Assistance

Where to Apply:

Phone: 612-335-5837 (residents of Minneapolis)

952-930-3541 (suburban Hennepin County)

toll-free 1-800-657-3710 for referral to programs

Energy Assistance provides financial assistance with payment of heat and utility bills to renters and home owners for the period beginning October 1, and going through May 31, or as long as the program funding lasts. Need documentation of public assistance benefits received in the past year to apply.

Community Action of Minneapolis

2104 Park Avenue South (Weatherization Program)

Phone: 612-335-5911

Provides: Offers homeowners and some renters with assistance weatherizing their apartments to save energy and energy costs. Call for eligibility and application information.

Community Emergency Service

1900 11th Avenue South

Phone: 612-870-1125

Provides: Assistance with those facing water shutoff notices. This is for south Minneapolis residents only and does not apply to other utility shutoffs.

Salvation Army Temple

1604 East Lake Street

South Minneapolis, southern Hennepin Co. & McLeod Co.

Phone: 612-767-2700

Provides assistance with utility bills (once per heating season).

Salvation Army Parkview

2024 Lyndale Avenue North

North and Northeast Minneapolis

Phone: 612-522-6581

Provides assistance with utility bills (once per heating season).

Salvation Army Noble

10011 Noble Parkway

Northern and Northwest suburbs of Hennepin County

Phone: 763-425-0517

Hours: Monday–Friday 8 am–noon and 1–4 pm

Provides assistance with utility bills (once per heating season).

E. Food Support

Monthly grants of food support can be used at grocery stores. The amount of the grant depends on the monthly income of each person in the family/household and costs for shelter. Most who receive assistance like MFIP, GA, or SSI are also eligible for food support. Working persons with low incomes may also qualify. Since eligibility is based on family or household income, you must provide truthful information about the income of **all** persons in your family/household.

Where to Apply:

Families:

Hennepin County Human Services Dept.

Family Assistance Division (FAD)

330 South 12th Street (Century Plaza)

Phone: 612-596-1300

Northwest Family Service Center

7051 Brooklyn Blvd., Brooklyn Center

Phone: 612-596-1300

You may also call to have the application packet mailed directly to you.

Adults without children:

Hennepin County Human Services Dept.

Adults-Disabled Division (ADAD)

330 South 11th Street (Century Plaza)

Phone: 612-596-1300

You may also call to have the application packet mailed directly to you.

Single adults & Families:

Salvation Army

Temple: 1604 East Lake Street

Phone: 612-767-2700

Central: 2727 Central Avenue NE

Phone: 612-789-1512

Parkview: 2024 Lyndale Avenue North

Phone: 612-522-6581

Hours: Monday–Friday 8 am–noon and 1–4 pm

Remarks: Food support application assistance & info referral.

Salvation Army Center City Office

53 Glenwood Avenue

Phone: 612-659-0711

Hours: Monday–Friday 8 am–noon and 1–4 pm

Remarks: Food support application assistance and information.

Food Support Employment & Training

This is a job search program for individuals who receive food support. Participation is required to receive food support.

F. General Assistance (GA)

General Assistance provides monthly assistance to single persons and childless couples who have little or no income and who meet eligibility requirements. Families ineligible for MFIP are not eligible for GA. Applicants must meet eligibility requirements.

Examples:

- (1) persons applying must be unable to work because of certified illness or injury, advanced age which makes it difficult to gain employment, inability to read and write well enough to hold employment, etc. (There are approximately 15 categories of eligibility; those mentioned above are among them.) People who were disqualified from SSI because they were categorized as “DAA” (Drug & Alcohol Addicted) may be eligible for General Assistance.
- (2) persons cannot have cash assets worth more than \$1000.

When applying, inquire about other assistance you may qualify for: *Emergency General Assistance* (to prevent eviction), *Energy Assistance*, *Food Support*, and *Medical Assistance*.

Where to Apply:

Hennepin County Human Services Dept.
Adults-Disabled Division (ADAD)
330 South 11th Street (Century Plaza)
Phone: 612-596-1300

NOTE: Applicants for General Assistance can apply for other forms of assistance such as food support or health care programs at the same location.

G. Medical Assistance (MA)

Provides assistance with payment of medical bills for persons and families who meet income eligibility requirements. Assets allowed vary, so be sure to bring your income information when you apply. Persons who are eligible have the right to see the doctor, dentist, pharmacy, clinic, or hospital of their choice.

Where to Apply:

Families:

Hennepin County Human Services Dept.
Family Assistance Division (FAD)
330 South 12th Street (Century Plaza)
Phone: 612-596-1300

Northwest Family Service Center
7051 Brooklyn Blvd., Brooklyn Center
Phone: 612-596-1300

You may also call to have the application packet mailed directly to you.

Adults without children:
Hennepin County Human Services Dept.
Adults-Disabled Division (ADAD)
330 South 11th Street (Century Plaza)
Phone: 612-596-1300

NOTE: *Some copayments may be required for office visits, prescriptions or other services for people on MA.*

MNSure

MNSure is the new health insurance exchange where individuals and families select a health care plan, including low cost or free coverage. Insurance rules have changed even for Medical Assistance and MinnesotaCare. If you have not been able to get coverage in the past you may be qualify under the new rules. MNSure offers:

- A website (mnsure.org) where you can apply for coverage and select a health plan.
- Someone you can talk to about your options over the phone, 1-855-3MNSURE (1-855-366-7873)
- Places where you can sign up in your community

Coverage starts Jan. 1, 2014, but individuals may still sign up through March 31 for private coverage. Enrollment in Medical Assistance or MinnesotaCare continues throughout the year.

H. Minnesota Supplemental Aid (MSA)

Where to Apply:

Families:

Hennepin County Human Services Dept.

Family Assistance Division (FAD)
330 South 12th Street (Century Plaza)

Phone: 612-596-1300

Northwest Family Service Center
7051 Brooklyn Blvd., Brooklyn Center

Phone: 612-596-1300

You may also call to have the application packet mailed directly to you.

Adults without children:
Hennepin County Human Services Dept.
Adults-Disabled Division (ADAD)
330 South 11th Street (Century Plaza)
Phone: 612-596-1300

A state—sponsored program that provides additional monthly funding to those persons who are receiving SSI or Social Security. The amount of an MSA grant depends on several different factors, such as how much you pay in rent, if you live alone or with other people, and what your total income is. (Income includes Social Security and SSI.) Because it is a state program, the county—not the Social Security office—manages it.

I. Social Security

Where to Apply:

Social Security Administration

1811 Chicago Avenue South

Phone: 1-800-772-1213

Hours: Monday through Friday from 9 am–4:30 pm.

Supplemental Security Income (SSI)

SSI is a federal needs based program providing benefits to anyone who is aged (age 65 or older), blind, or disabled. Disabled under SSI rules means a person has a medically determinable physical or mental impairment, which: results in the inability to do any substantial gainful activity, and has lasted or can be expected to last for a continuous period of not less than 12 months. Substantial gainful activity is defined as the ability to work and earn \$980.00 per month. If someone is working, there are ways that could lower the monthly gross wages below \$980.00. The Social Security Administration no longer recognizes drug addiction and alcoholism (DA & A) as disabling conditions. Someone with another impairment should still file. If the DA & A does not contribute to the impairment, they could be found to be disabled. Anyone who is disabled, should be encouraged to file for benefits.

To determine SSI eligibility and payment amounts, SSA considers the applicant's income and resources. Income could include money earned from work, benefits from other sources, such as; Social Security, workers compensation, Veterans Affairs, friends or relatives, free food or shelter. Resources are things which a person owns such as; cash, bank accounts, land, vehicles, personal property, life insurance, anything that can be converted to cash and used for food and shelter. A single person is limited to \$2,000.00 and a married couple has a \$3,000.00 resource limit. There are many exceptions/exclusions regarding income and resources. Anyone that is disabled should be encouraged to file for SSI.

To be eligible for SSI, an applicant must be a citizenship or one of certain alien categories. There are many categories of lawful aliens that would be eligible for SSI, contact a Social Security Office or the National 800 number 1-800-772-1213 to inquire.

Anyone applying for SSI will be asked about their medical history; doctors, tests, and medications. The claim representative (CR) will ask questions about the person's income, resources, and living arrangements. The CR will ask the applicant to attest to the truthfulness of their answers.

Appeals:

If an application is denied, there is a 65 day appeals period (60 days plus 5 days mailing). If an appeal is requested after 65 days, the applicant must show good cause for late filing of the appeal. If the late appeal is not accepted, a new application can be filed, but there is a potential loss of benefits. The Social Security Office can provide a referral list for free legal services.

Cooper and Reid LLC

825 Nicollet Mall, Suite 950 (Medical Arts Bldg.)

Phone: 612-353-4769

Hours: Call for an appointment. Appointments available at shelters, various locations throughout the Twin Cities, and at their office.

Provides: Free attorney assistance filing Social Security applications, reconsiderations and appeals for recipients of GA, MFIP, DWP, and FSS, as well as those not on public assistance.

Salvation Army Center City Office

53 Glenwood Avenue

Phone: 612-659-0711 ext. 128

Service Area: Minneapolis and West Metro area

Provides: If you are unable to work because of medical issues, staff will assist with applications for Social Security benefits for individuals who are homeless or in transitional housing.

Section 3. Health Care

MNsure

MNsure is the new health insurance exchange where individuals and families select a health care plan, including low cost or free coverage. Insurance rules have changed even for Medical Assistance and MinnesotaCare. If you have not been able to get coverage in the past you may be qualify under the new rules. MNsure offers:

- A website (mnsure.org) where you can apply for coverage and select a health plan.
- Someone you can talk to about your options over the phone, 1-855-3MNSURE (1-855-366-7873)
- Places where you can sign up in your community

Coverage starts Jan. 1, 2014, but individuals may still sign up through March 31 for private coverage. Enrollment in Medical Assistance or MinnesotaCare continues throughout the year.

A. Community Clinics

Cedar Riverside People's Center

425 20th Avenue South

Phone: 612-332-4973

Hours: Monday–Friday 8:30 am–5 pm (open until 8 pm Tuesdays, Wednesdays and Thursdays); Call for an appointment, though walk-ins welcome from 8:30-noon.

Remarks: MA, UCare, Minnesota Care, and private insurance are accepted; those without insurance will be charged according to their monthly income on a sliding fee scale.

Other Services: family practice, women's clinic and pregnancy testing; HIV testing; treatment for sexually transmitted diseases; pre-natal care; education programs on birth control and STDs; geriatric and pediatric services; dental program; x-rays; mental health clinic with psychology and counseling program; TAMS teen clinic.

Augsburg Nursing Center at Central Lutheran Church

333 South 12th Street

Phone: 612-870-4416

Hours: Monday and Thursday 10 am–2 pm.

Provides: Safe drop-in space for women and children. Focuses on basic health care needs, healthcare education and early childhood education for women who are on the street with their children.

Community-University Health Care Center

2001 Bloomington Avenue South

Phone: 612-638-0700

Hours: Monday–Friday 7:30 am–5 pm.

Remarks: Call or Walk-in to schedule an appointment. Help applying for insurance, most insurances accepted including Medical Assistance. Sliding scale fee available. No one turned away based on ability to pay. Some same-day appointments available.

Other Services: family practice, pediatric, internal medicine providers, pregnancy and women's health care, counseling, dental care, pregnancy testing, HIV & sexually transmitted infection testing; confidential, same day walk-in family planning (birth control and morning –after pill.)

East Lake Clinic

2700 East Lake Street #1100

Phone: 612-873-6963

Hours: Monday and Wednesday 8 am–8 pm; Tuesday, Thursday and Friday 8 am–5 pm. Call for appointment.

Remarks: Primary care and health maintenance; Acute care for children and adults; Infant and well-child care; Family planning and birth control; Certified Nurse Midwives; Senior health care; health education; group pre-natal visits.

Indian Health Board

1315 East 24th Street

Phone: 612-721-9800

Hours: Appointments: Monday–Friday 8:30 am–5 pm.

Remarks: Persons should first make an appointment; MA accepted; those without insurance will be charged according to a sliding fee scale.

Other Services: medical and dental clinics, health promotion and disease prevention; counseling and support unit; high-risk pre-natal; WIC; outreach worker; diabetes prevention, diabetes clinic program.

Native American Community Clinic

1213 East Franklin

Phone: 612-872-8086

Hours: Monday–Friday 9 am–5 pm; Saturday 10 am–2 pm.

Services: Medical clinic, pediatrics, elder care, diabetes case management, counseling, nutrition and family planning.

Remarks: MA and private insurance plans are accepted. For those without insurance, there is a sliding fee scale based on family size and income.

Neighborhood HealthSource

Central Avenue Health Clinic

2610 Central Avenue Northeast

Phone: 612-781-6816

Hours: Monday–Friday 8 am–5 pm by appointment. Some walk-ins available.

Remarks: Most public, government and private insurance plans are accepted; persons who do not have insurance will be charged according to a sliding fee scale based on income.

Other Services: basic health care (adults and pediatric), mental health services, interpreters, family planning, pregnancy testing, “Seen on the Streets STD testing (see pg. 47), and childhood obesity prevention programs.

Fremont Clinic

3300 Fremont Avenue North

Phone: 612-588-9411

Hours: Monday–Friday 8 am–5 pm by appointment only

Remarks: Most public, government and private insurance plans are accepted; persons who do not have insurance will be charged according to a sliding fee scale based on income.

Other Services: basic health care (adults and pediatric), mental health services, interpreters, family planning, pregnancy testing, and childhood obesity prevention programs.

Heritage Senior Clinic

1015 4th Avenue North, Suite 201

Phone: 612-588-9411

Hours: Monday and Friday 8-11 am; Wednesday 1-4 pm.

Provides: Comprehensive health and wellness services for seniors, age 50 and older.

Sheridan Clinic

342 13th Avenue NE

Phone: 612-362-4111

Hours: Monday 8 am-8pm; Tuesday-Friday 8 am-5 pm by appointment, though some walk-ins are available.

Remarks: Most public, government and private insurance plans are accepted; persons who do not have insurance will be charged according to a sliding fee scale based on income and household size.

Other Services: basic health care (adults and pediatric), mental health services, interpreters, family planning, pregnancy testing, childhood obesity prevention programs, and pre-natal care.

N.I.P. Community Clinic

2431 Hennepin Avenue South

Phone: 612-374-4089

Hours: Monday through Thursday from 8:30 am–8:30 pm, Friday from 8:30 am–5 pm. (Closed 12-1 and 5-6 pm.) By appointment only.

Remarks: patients should make an appointment. This clinic is only for people who have *no health insurance at all*. Sliding fee scale is available based on income and family size. Payment arrangements can be made.

North Point Health & Wellness Center

1313 Penn Avenue North

Phone: For Appointments call 612-543-2500

Hours: Monday, Tuesday, Thursday & Friday 8:30 am–5 pm; Wednesday 8:30 am–7 pm; and Saturday 8:00 am–12 noon.

Services: Provides a wide range of medical services including: family practice, internal medicine, adolescent medicine, endocrinology, pediatrics, geriatrics and OB/GYN.

Remarks: North Point accepts most major medical and dental insurance. Call 612-302-4800 to confirm that your insurance plan is part of their network.

Phillips Neighborhood Clinic

2647 Bloomington Ave. S. (Oliver Presbyterian Church)

Phone: 612-724-1690

Hours: Monday and Wednesday evenings 6–9 pm (except holidays)

Provides: Physical exams, women's health, pediatrics, vaccinations (when available), family planning, diabetes treatment, nutrition, STD and HIV testing and counseling, basic lab tests, assistance completing MA and MNCare application forms.

Remarks: First come, first served. No appointments or insurance necessary. Spanish interpreters available.

Southside Community Clinic

324 East 35th Street

Phone: 612-827-7181

Hours: Monday, Wednesday, Thursday and Friday, 8 am–5 pm; Tuesday 8 am–7 pm.

Remarks: Patients should first make an appointment, although walk-ins are welcome. MA and other insurance plans accepted; patients who do not have insurance will be charged according to their ability to pay (sliding fee scale based on monthly income and family size; need proof of income and MA denial letter).

Other Services: family planning, pre-natal care, pregnancy testing, treatment for sexually transmitted diseases, and mental health. Vision clinic is open at 4243 4th Ave. S. Monday and Wednesdays 8 am–5 pm. Call 612-821-2003 for information.

St. Mary's Health Clinics

Provides: Eight clinics throughout Twin Cities provide some primary and preventive health care services at no cost to uninsured workers and children, unemployed people whose benefits have expired, people on unemployment who meet income guidelines, and people not yet receiving public assistance. If you are on MA, you are not eligible to use these clinics' services.

Intake procedure: If you fit one of the above categories, call 651-287-7777 between 8 am–4 pm Monday–Thursday and 8–12 on Friday to make an appointment. There is no cost for services if you are eligible, though donations are accepted.

Whittier Clinic

2810 Nicollet Avenue

Phone: 612-873-6963

Hours: Monday–Thursday 8 am–8:30 pm; Friday 8 am–5 pm; Saturday 8 am–12 pm; same-day and next-day appointments available; walk-ins accepted.

Provides: Family medicine, pediatrics, pre-natal care, ob/gyn, sports medicine, x-ray, pharmacy.

Remarks: Most insurance plans accepted; financial counselors available to assist those without coverage.

B. Hennepin County Health Care for the Homeless

Health care teams comprised of nurse practitioners, public health nurses, and social workers provide services on a regular basis at Minneapolis shelters and drop-ins. They provide routine check-ups, speedy referrals to doctors and hospitals, and assistance with other health care needs.

Catholic Charities Opportunity Center

740 East 17th Street

Hours: Tuesdays and Thursdays from 7 am–1:30 pm.

Catholic Charities Higher Ground

165 Glenwood Dr.

Phone: 612-204-8551

Hours: Tuesday and Thursday, 5:30–8:30 pm.

Mary's Place

401 North 7th Street

Hours: Thursday 10 am–4 pm.

People Serving People

614 South 3rd Street

Hours: Monday–Friday 8 am–4 pm.

Remarks: Clinic open to PSP guests and former guests only.

St. Stephen's Shelter

2211 Clinton Avenue South

Hours: Thursday 7–9:30 pm Hours may vary.

Salvation Army Harbor Light Center

1010 Currie Ave

Phone: 612-767-3100 x3125

Hours: Health Care for Homeless clinic is open Monday and Wednesday 7 am-3 pm; Tuesday 1-8 pm; Thursday 5-8 pm; and Friday 7 am-noon.

Salvation Army Harbor Light Center

1010 Currie Ave

Phone: 612-767-3100 x3164

Acupuncture and chiropractic clinic provided by Northwestern Health Sciences University. Call for current schedule and/or to make an appointment. Walk-ins are welcome.

Sharing and Caring Hands (Mary Jo's)

525 North 7th Street

Hours: Thursday 9:30 am-3 pm

Simpson Shelter

2740 First Avenue South

Hours: Monday and Thursday from 6 pm–10 pm.

C. Emergency Express Care

Hennepin County Medical Center

730 South 8th Street

Phone: 612-873-5555

Hours: Monday-Friday 9 am–9 pm (except Thanksgiving & Christmas). Emergency Room open 24 hours a day, enter on South 8th Street between Park Ave. and Chicago Ave.

Remarks: Persons need not make an appointment; MA and private insurance are accepted.

D. HIV & STD Testing & Treatment

African American AIDS Task Force

1113 East Franklin Ave. #211

Phone: 612-825-2052

Provides: HIV testing and counseling; peer-to-peer outreach and education; medical case management, transportation assistance, support and educational services for people living with HIV/AIDS; resources and referrals.

Remarks: HIV services are free for eligible individuals; please call to access eligibility and to make an appointment for services.

Community-University Health Care Center

2001 Bloomington Avenue South

Phone: 612-638-0700

Provides: Testing and treatment for STDs and HIV.

Remarks: Call or walk-in to schedule an appointment. Help applying for insurance, most insurances accepted including Medical Assistance. Sliding scale fee available. No one turned away based on ability to pay. Some same-day appointments available

Hennepin Co. Public Health Clinic with Red Door Services

525 Portland Avenue South—4th floor

Phone: 612-543-5555; STD hotline 1-800-783-2287

Hours: Monday and Wednesday 8 am–7 pm; Tuesday, Thursday and Friday 8 am–4 pm. Arrive as early as possible or call ahead for a next day or later appointment.

Remarks: anyone 12 years of age and older may receive testing and treatment for sexually transmitted diseases and HIV antibody tests. They also have a confidential and low-cost birth control program for youth ages 12–21. Services are based on a sliding fee scale based on income, but no one is turned away.

Minnesota AIDS Project

1400 Park Avenue South

Phone: 612-341-2060; AIDS Line: 612-373-AIDS / 1-800-248-AIDS. Text messaging available at 839863, and chat at mnapidsproject.org.

Hours: Monday–Friday 9 am–5:30 pm. MAP AIDS Line: Monday–Friday 9 am–5:30 pm.

Provides: Information about HIV, referral to community resources and HIV testing. MAP also provides HIV case management, legal services; benefits counseling; housing services (assist HIV+ people to obtain and maintain short-term housing); transportation; emergency financial assistance; PrideAlive, a prevention and community-building program for gay and bisexual men; information on syringe access locations; and Positive Link, a social and education program for HIV+ Minnesotans.

Neighborhood HealthSource

Central Avenue Health Clinic

2610 Central Avenue Northeast

Phone: 612-781-6816

Hours: Monday–Friday 8 am–5 pm by appointment. Some walk-ins available.

Provides: Testing and treatment for STDs and HIV.

Fremont Clinic

3300 Fremont Avenue North

Phone: 612-588-9411

Provides: Testing for HIV virus; treatment for sexually transmitted diseases; “Seen on the Streets” program offers STD testing for youth ages 13-25 on Tuesday, Thursday and Friday, 1–4:30pm.

Sheridan Clinic

342 13th Avenue NE

Phone: 612-362-4111

Hours: Monday 8 am-8pm; Tuesday-Friday 8 am-5 pm by appointment, though some walk-ins are available.

Provides: Testing and treatment for STDs and HIV.

N.I.P. Community Clinic

2431 Hennepin Avenue South

Phone: 612-374-4089

Hours: Monday through Thursday from 9 am–8:30 pm, Friday from 9 am–5 pm. (Closed 12-1 and 5-6 pm.) By appointment only.

Provides: HIV/STD testing and counseling for further treatment. Individual counseling for people living with HIV.

Remarks: This clinic is only for people who have *no health insurance at all*. Sliding fee scale is available based on income and family size.

Southside Community Clinic

324 East 35th Street

Phone: 612-827-7181

Provides: Testing & treatment for STDs and HIV.

Turning Point, Inc.

1500 Golden Valley Road

Phone: 612-520-4004

Provides: HIV/AIDS/STD prevention education is done by outreach workers. HIV case management services are provided to assist individuals living with HIV or AIDS in finding medical and social services. Counseling, referral and emotional/social supports are provided.

E. Mental Health Services

Counseling Services

Canvas Health Crisis Connection

Phone: 612-379-6363 or toll-free 1-866-379-6363

Hours: Seven days a week, 24 hours a day.

Provides: telephone crisis counseling, information & referral.

Remarks: all services are free

Canvas Health Crisis Connection Men's Line

Phone: 612-379-6367 or toll-free 1-866-379-6367

Provides: 24 hour counseling line for men and others who want to talk about issues of abuse and violence in their lives.

Remarks: all services are free.

Canvas Health New Generations

1550 E 78th St., Richfield

Phone: 612-676-1604

Intake Phone: 612-767-2840

Hours: Front desk hours are Monday-Friday 8:30 am-5 p m. Appointment hours are Monday-Thursday 7 am-7 pm; Friday 7 am-5 pm.

Provides: High-quality strength-based mental health services including diagnostic assessments, outpatient therapy (depression, anxiety, trauma (PTSD), DHD, ODD) for ages 3-70. Also provides Rule 25 assessments.

Remarks: Most insurance plans accepted for outpatient therapy.

Catholic Charities

1276 University Avenue West, St. Paul

Other locations also available.

Intake Phone: 651-647-3100

Intake Hours: Intake for counseling is done by telephone only Monday through Friday, 8 am-4:30 pm.

Provides: Short and long-term counseling for individuals/couples/families, information and referral.

Remarks: Sliding scale based on income & family size.

Centro Cultural Chicano

1915 Chicago Avenue South

Phone: 612-874-1412

Hours: Monday-Friday 8:30 am-5 pm. By appointment only.

Remarks: Mental Health program offers individual, couple and family therapy. No insurance accepted. \$25 fee for initial visit and \$15 for each visit after that.

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

Phone: 612-746-3500

Hours: Monday-Thursday 8:30 am-7 pm; Friday 8:30 am-5 pm. Appointment hours may vary.

Provides: Bilingual family therapy in addition to individual, couples, child and adolescent therapy.

Community-University Health Care Center

2001 Bloomington Avenue South

Phone: 612-638-0700

Hours: Monday-Friday 8 am-5 pm.

Provides: Psychiatric care, therapy for individuals, family and couples, Case Management and Adult Mental Health Rehabilitative Services (ARMHS)

Remarks: Call or walk-in to schedule an appointment. Help applying for insurance, most insurances accepted including Medical Assistance. Uninsured patients must live in Hennepin County to use either sliding scale fee or may qualify for Hennepin County grant.

Division of Indian Work

1001 East Lake Street

Phone: 612-722-8722

Hours: Monday–Friday 9 am–4:30 pm (summer hours may vary, call for info).

Provides: anger management program for individuals and families to address violence in the home; support groups for battered women, children and victims of sexual assault.

Remarks: all services are free.

The Family Partnership

4123 East Lake Street

Phone: 612-728-2061

Hours: Monday–Thursday 9 am–8 pm; Friday 9 am–5 pm.

Provides: counseling for individuals and families.

Remarks: Various insurance plans are accepted; for those without insurance, fees are on a sliding fee scale according to gross household income and family size. Ask about other branches in Brooklyn Park and Bloomington.

HCMC Crisis Intervention Center

Acute Psychiatric Services, 730 South 8th St.

Phone: 612-873-3161 for referrals and consultation.

Suicide Prevention and suicide hotline: 612-873-2222

Provides: Counseling for anyone experiencing a crisis; support for victims of abuse and sexual assault. Psychiatric emergency room available 24/7.

Remarks: MA, and other insurance plans accepted. No one is turned away.

Hennepin County Mental Health Center

1801 Nicollet Avenue South

Appointments Phone: 612-596-9438

Hours: Monday–Friday from 8:00 am–4:30 pm.

Provides: Treatment for those with mental illnesses. Services include: crisis counseling, short-term and long-term counseling, mental health services, and other special programs.

Remarks: Services for residents of Hennepin County; MA accepted; for those without insurance, sliding fee according to each person's ability to pay.

Indian Health Board

1315 East 24th Street

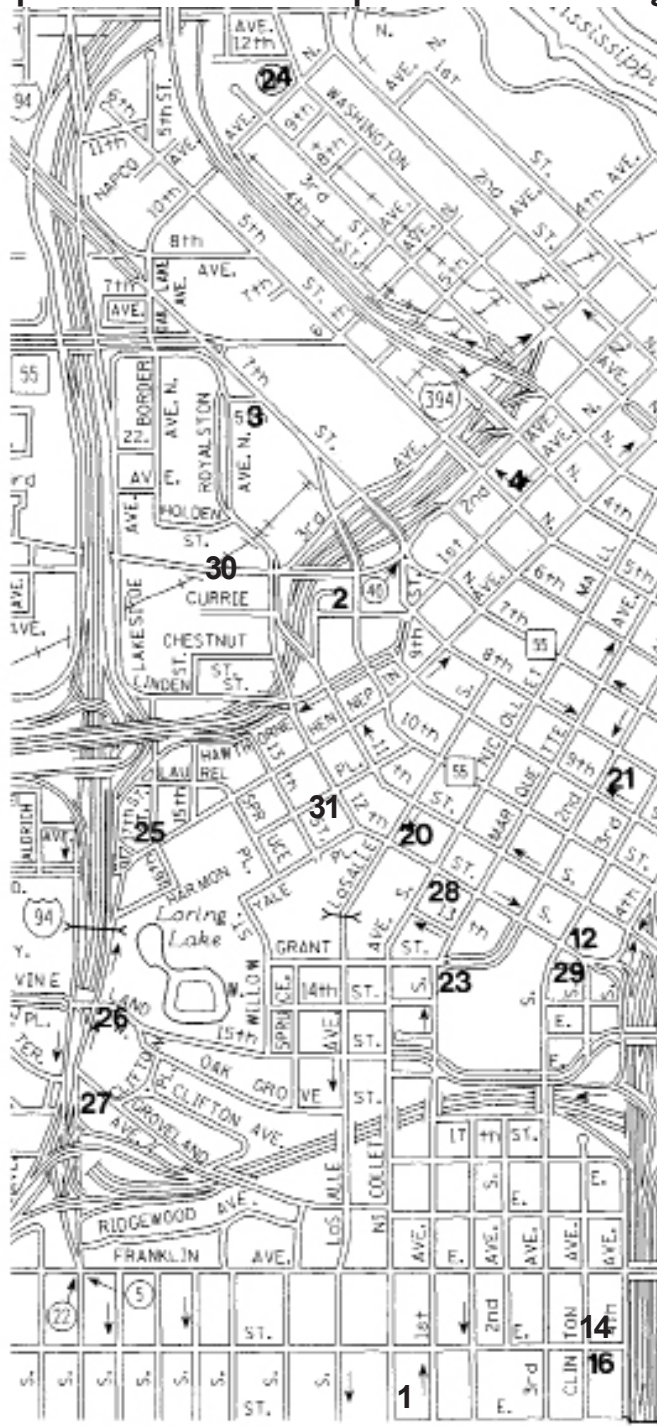
Phone: 612-721-9800

Hours: Monday through Friday, 8:30 am–5 pm.

Provides: Crisis counseling, long-term counseling for individuals, couples and families, and transportation when necessary. Their focus is on Native American children and families.

Remarks: Most insurance plans accepted; for those without insurance, fees are determined according to each person's ability to pay.

Map of Downtown Minneapolis and surrounding





Downtown Minneapolis

1. **St. Stephen's Human Services**
2. Salvation Army Harbor Light
3. Sharing and Caring Hands (Mary Jo's)
Mary's Place Shelter
4. Legal Aid Society (Kickernick Bldg.)
5. Hennepin County Government Center
6. People Serving People Shelter
7. Minneapolis City Hall
8. Hennepin County Medical Center
9. House of Charity Food Centre
10. House of Charity
11. Francis Drake Hotel
12. Hennepin County Human Services Dept.
"Century Plaza" (MFIP/GA/food support)
13. Catholic Charities Opportunity Center ("Branch III")
14. Loaves and Fishes (St. Stephen's school)
15. Marie Sandvik Center
16. St. Stephen's Shelter
17. Portland Village
18. Hennepin Co. Chemical Health (1800 Chicago)
Social Security Administration (1811 Chicago)
19. Centro Cultural Chicano
20. Continental Hotel
21. Exodus Hotel
22. Our Saviour's Shelter
23. Wesley Church
24. Minneapolis Public Housing Authority
25. Basilica of St. Mary
26. St. Mark's Episcopal Cathedral
27. Hennepin Avenue United Methodist Church
28. Westminster Presbyterian Church
29. Central Lutheran Church
St. Stephen's Street Outreach
30. Catholic Charities Higher Ground
31. Mpls.VA Community Resource & Referral Center

Love Lines

Phone: 612-379-1199

Hours: 10 am-10 pm

Provides: Phone line most days for crisis ministry; in-person counseling is available by appointment.

Remarks: Counseling is free, but donations accepted

Lutheran Social Service

2400 Park Avenue South

Phone: 612-879-5320 (Monday-Friday 8 am-5pm)

Appointment Hours: Monday–Friday from 8:30 am–7 pm (varies by the day of the week).

Provides: Individual and relationship counseling, marriage and family counseling, child therapy, support for victims of abuse, and referral for long-term counseling.

Remarks: MA and private insurance are accepted; for those without insurance, fees are determined on a sliding scale according to each person's income level.

Native American Community Clinic

1213 East Franklin Ave.

Phone: 612-872-8086

Hours: Monday–Friday 9 am–5 pm.

Services: Individual, family, couples and child counseling; group and individual therapy programs.

Remarks: MA and private insurance plans are accepted. For those without insurance, there is a sliding fee scale based on family size and income.

Neighborhood Involvement Program (NIP)

2431 Hennepin Avenue South

Phone: 612-374-3125

Hours: Monday - Thursday 9 am-8 pm; Friday from 9 am–5 pm.

Provides: counseling by appointment for individuals and families.

Remarks: Fees determined by monthly income and family size.

North Point Health & Wellness Center

1313 Penn Avenue North

Phone: For appointment call 612-543-2500

Hours: Monday–Friday 8:00 am–5 pm.

Provides: Outpatient behavioral health services for children, adolescents, and adults including: evaluation and testing, individual therapy, family and group therapy, psychiatric evaluation, and medication management.

Rape and Sexual Abuse Helpline (NIP)

Crisis Phone: 612-825-HELP (24 hours a day).

Business phone: 612-374-9077

Business Hours: Monday-Friday 9am-5 pm

Provides: emergency counseling for victims of sexual assault and rape; long-term counseling, too.

Tubman

4432 Chicago Avenue South

Phone: 612-871-0118

TTY for deaf/hard-of-hearing: 612-824-2780

Hours: Monday–Thursday 9 am–8:30 pm; Friday 9 am–5 pm.

Provides: Referral by telephone; support groups; counseling for individuals and groups, as well as for families and couples; anger management groups for men and women. Fees vary by program.

Walk-in Counseling Center

2421 Chicago Avenue South

Phone: 612-870-0565

Hours: Monday, Wednesday, and Friday from 1–3 pm; Monday through Thursday from 6:30 pm–8:30 pm.

Provides: crisis counseling, short-term counseling for individuals, couples and families; referrals for long-term counseling.

Remarks: no appointment is necessary; no paperwork; no fee, although donations are accepted.

Community Support Programs

Community support programs serve persons with mental illness who complete a simple registration process.

Assertive Community Treatment (ACT) Homeless Team-People Inc.

2120 Park Avenue South

Phone: 612-465-0105

Hours: *Office:* Monday-Friday 7:30 am-4pm; *In community:* Monday-Saturday 7 am-5 pm. *Calls taken 24/7.*

Provides: Field and community case management (assistance with goal-setting, paperwork, appointment attendance), psychiatric provision (including mental health prescriptive medications, med education, and med management), nursing, therapeutic appointment referrals, medical follow-up and monitoring, assistance with employment and volunteering, and informational groups in Hearing Voices, Illness Management and Recovery, and Mental Illness/Chemical dependency).

Remarks: Call to prescreen for qualifications. Must be long-term homeless (1 year consistent, or 4 times in past 3 years), have a serious mental illness diagnosis, and be over the age of 18. Cannot provide services for families.

Light House

1825 Chicago Avenue South

Phone: 612-752-8200

Drop-in Hours: Monday, Tuesday, Thursday, Friday and every other Saturday 1–5 pm. Intake is done Tuesdays and Thursdays at 1 pm.

Remarks: In addition to drop-in service, Light House provides outreach, social and recreational opportunities, MI/CD groups, mental health groups, arts programming, housing & volunteer services, and linkage to other services for adults with serious and persistent mental illness.

Northside CSP/People Inc.

1309 Girard Avenue North

Phone: 612-521-2116

Drop-in Hours: Monday, Tuesday, Thursday & Friday noon-5 pm; Wednesday noon-7 pm.

Remarks: Other services such as counseling, case coordination, assistance with benefits, and advocacy are available from 8:30 am-5 pm Monday through Friday by appointment. People must be members of the center (no charge). Intake is done Monday and Friday at 10:30 am, and Wednesday at 4 pm.

Seward CSP

2105 Minnehaha Avenue

Phone: 612-333-0331

Hours: Monday and Friday 12-5 pm; Tuesday Wednesday and Thursday, 11 am-6 pm.; Saturday 10 am-5 pm.

Remarks: Provides mental health groups, advocacy, outreach, social and recreational activities, and other referrals.

Vail Place

1412 West 36th St. (Mpls) and 15 9th Ave. S. (Hopkins)

Phone: 612-824-8061 (Mpls); 952-938-9622 (Hop.)

Hours: Minneapolis hours: Monday 8 am-4:30 pm; Tuesday, Wednesday and Thursday 8 am-7:30 pm; and Friday 8 am-4:30 pm. Hopkins hours: Monday, Wednesday and Friday, 8 am-4:30 pm; Tuesday and Thursday 8 am-7 pm. The sites alternate Saturdays: Minneapolis 10 am-2 pm; Hopkins 12-3 pm.

Provides: Pre-vocational training, transitional employment, housing support, social and recreational activities, a supportive community, and other services. Meals are available at a discounted rate.

F. Alcohol & Chemical Dependency Counseling & Treatment Programs

African American Family Services

2616 Nicollet Avenue South

Phone: 612-871-7878

Hours: Monday-Thursday 8 am-7 pm.

Provides: crisis counseling and intervention, individual and group and family counseling, home visits, outpatient and aftercare programs; women's support group for individuals participating in their programs; anger management and domestic violence programs for women also offered.

Remarks: Rule 25 assessments are done by appointment., Monday through Thursday mornings. Walk-ins are accepted if appointment is a no show. Most services are free. St. Paul location does not do Rule 25 or chemical programs, but has other services.

Alcoholics Anonymous

Phone: 952-922-0880

Provides: Greater Minneapolis Intergroup's meeting directory boundaries are the city of Minneapolis, the suburban cities in all of the following counties: Hennepin, Anoka, Carver, Western Dakota, Scott and Wright. Local meeting information updated weekly at www.aaminneapolis.org.

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

Phone: 612-746-3500

Hours: Monday–Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm.

Provides: Adult outpatient program is held throughout the week, call for hours. Six week primary care is followed by 10 weeks aftercare. Rule 25 assessments are also performed. DWI/DUI classes.

Hennepin County Chemical Health Services

1800 Chicago Avenue South

Phone: 612-879-3503

Hours: Monday through Friday from 8 am–4 pm.

Provides: Referrals to sources for assessments to chemical health treatment; funding authorization for sober housing.

Remarks: Health Care for the Homeless teams can help with getting an assessment and into treatment (See page 46 for schedules).

House of Charity

510 South 8th Street

Phone: 612-594-2000

Remarks: Abstinence-based outpatient treatment program for adult men and women. Group and individual counseling; health and wellness, workforce development, and independent living skills are incorporated into an individual recovery plan.

Indian Neighborhood Club on Alcohol and Drug Abuse

1805 Portland Avenue South

Phone: 612-871-7412

Hours: Monday through Friday from 8 am–5 pm.

Provides: Referral for treatment, group residential housing for chemically dependent American Indian men, social and recreational activities, and AA meetings.

Remarks: Services are for American Indians who have recently been in treatment and are homeless; must be willing to maintain sobriety while living there. Must be eligible for Group Residential Housing (GRH).

Metro Hope Ministries

2739 Cedar Avenue South

Phone: 612-721-9415

Hours: Monday–Friday 8 am–4:30 pm

Provides: Faith-based residential recovery programs for men 18 and older. Healing House program is for women and their children up to age 10. Provides case management, counseling, bible teaching, work readiness. Specializes in assisting individuals with a history of relapse.

Remarks: Call for appointment; finances not a concern.

Minnesota Adult and Teen Challenge

1619 Portland Avenue South

Phone: 612-373-3366

Hours: Monday through Friday 8:30 am–4:30 pm

Provides: Restores hope to teens and adults struggling with drug and alcohol addiction; effective and affordable with campuses in Minneapolis, Brainerd and Duluth. Faith-based long-term 13-15 month program, as well as a short-term 30-90 day program..

Remarks: Fees are based on ability to pay, but staff will work with anyone who wants to be enrolled in the program and doesn't have the funds.

North Point Health & Wellness Center

“Renaissance”

1315 Penn Avenue North

Phone: 612-767-9500

Hours: Monday through Friday 8 am–5 pm. Walk-ins on Tuesdays for the first 3 people arriving before 8:30 am.

Provides: Chemical health assessment and referral, chemical health and mental health education, resource development, group and individual counseling, life skills development, mental health services, relapse prevention and discharge planning.

Recovery Resource Center

1900 Chicago Avenue South

Phone: 612-752-8050

Hours: Monday through Friday 8 am–4:30 pm

Provides: Outpatient chemical dependency, relapse prevention, case management, and vocational services. Specializes in assisting individuals with a history of relapse who face multiple barriers to achieving a stable recovery.

Remarks: There is no charge for most services. Services are available for men and women

Salvation Army Harbor Light Center

1010 Currie Avenue

Phone: 612-767-3100 ext. 3110

Beacon Program

Residential substance abuse treatment program for men. Phase I is a 30-day program based on 12-step model. Phase II is a 75-day halfway house program with employment, educational and volunteer requirements. Outpatient and aftercare services are available. *For men only.*

Rule 25 Assessments

Free Rule 25 assessments for men or women seeking state-funded treatment for substance abuse. By appointment Tuesday and Wednesday 2-7pm. Call 612-767-3100 x3131 to schedule.

Tubman

4432 Chicago Avenue South

Phone: 612-871-0118

TTY for deaf/hard-of-hearing: 612-824-2780

Hours: Hours vary. Call for more information.

Provides: counseling and assessment for chemical dependency, outpatient treatment may include mental health counseling.

Remarks: Various payment options are accepted.

Turning Point, Inc.

1500 Golden Valley Road

Phone: 612-520-4004

Remarks: 30-90 day primary care programs for men who are chemically dependent. Aftercare services include 75-day halfway house program, employment, education & parenting counseling.

G. Dental Care

Children's Dental Services

636 Broadway Street NE

Phone: 612-746-1530

Hours: Hours vary by location.

Remarks: Comprehensive dental care for children 21 and under, and pregnant women of any age. Appointments necessary, and they have many other locations throughout the Twin Cities. MA, Minnesota Care and Assured Care Access are accepted. Sliding fee scale based on income for those without insurance. There are 300 metro-area locations.

Community-University Health Care Center

2001 Bloomington Avenue South

Phone: 612-638-0700

Hours: Monday through Friday from 8 am–5 pm.

Remarks: Services are offered on a sliding fee scale. Some walk-in appointments available; sign up at 7:15 am. Children's dental appointments also available on Saturdays 9 am-1 pm.

Indian Health Board

1315 East 24th Avenue

Phone: 612-721-9800

Hours: Appointments: Monday–Friday 8 am– 5 pm.

Remarks: Care provided for all ages. Sliding fee based on family size & income. MA. Appointments preferred, but walk-ins welcome.

Native American Community Clinic

1213 East Franklin Ave.

Phone: 612-872-8086

Hours: Monday–Friday 9 am–5 pm.

Services: Complete dental care for adults and children provided by dental students under supervision by a U of M faculty dentist.

Remarks: Private insurance plans are accepted. For those without insurance, there is a sliding fee scale based on family size and income.

N.I.P. Community Clinic

2431 Hennepin Avenue

Phone: 612-374-4089

Hours: Monday through Thursday 8:30 am–8:30 pm; Friday 8:30 am–5 pm. Call for an appointment.

Remarks: Preventive dental care only (cleanings, fillings, x-rays only); for low-income adults not on public assistance and *who do not have any insurance*. Sliding fee based on income and family size.

North Point Health & Wellness Center

1313 Penn Avenue North

Phone: For Appointments call 612-543-2511

Hours: Monday, Tuesday, Thursday & Friday 8:30 am–5 pm; Wednesday 8:30 am–7 pm; and Saturday 8 am–12 noon.

Provides: Complete dental care for residents of Hennepin County including: Preventative care, restorative care, emergency care, and X-rays.

Sharing and Caring Hands (Mary Jo's)

525 North 7th St.

Phone: 612-596-3463

Remarks: Dental care available throughout month. Call or stop in to ask for times.

Southside Community Clinic

4243 4th Avenue South

Phone: 612-822-9030

Hours: Monday and Wednesday 7 am–8 pm; Tuesday and Thursday 7 am– 5 pm; and Friday 8 am–4 pm.

Remarks: State insurance programs accepted. Walk-ins are available. Scheduled patients have a priority. Uninsured patients are billed on a sliding fee scale based on income and family size. Payment due day of service.

University of Minnesota Dental School

Malcolm Moos Tower—7th Floor, 515 Delaware St. SE

Intake Phone: 612-624-8400 **Urgent Care:** 612-625-4908

Hours: Monday through Friday 8:15 am—noon and 1–4 pm.

Remarks: Comprehensive dental care provided by supervised students at 1/2 to 1/3 the normal cost. Children's clinic also available. Must show photo ID, and payment required at time of visit. Must call for an appointment.

University of Minnesota Dental School

Oral Surgery Clinic, 515 Delaware St. SE

Phone: 612-624-8600

Remarks: Takes walk-in appointments for screenings at no charge (if x-rays are required, there is a fee). An appointment would be set up for tooth removal or other surgery. Must show photo ID.

Union Gospel Mission

435 East University Avenue, St. Paul

Phone: 651-789-7605

Hours: Adult dental clinic. Call to find out how to sign up, no walk-in appointments. For children's clinic, call for schedule and sign-up information.

Provides: Volunteer dentists provide dental services at no charge for those who can't afford dental fees and have no dental insurance. Services include restorative procedures and extractions—some cleanings by appointment only.

N.I.P. Community Clinic

2431 Hennepin Avenue

Phone: 612-374-4089

Hours: Monday through Thursday 8:30 am–8:30 pm; Friday 8:30 am–5 pm. Call for an appointment.

Remarks: Preventive dental care only (cleanings, fillings, x-rays only); for low-income adults not on public assistance and *who do not have any insurance*. Sliding fee based on income and family size.

H. Veterans

Veterans Affairs Medical Center

54th Street and 48th Avenue South (One Veterans Drive)

Phone: 612-725-2000

Remarks: veterans with an honorable discharge may receive treatment; veterans enlisting after 1980 need to have completed two years of active duty; does need an assessment for payment.

See page 78 for information about counseling and other assistance available for veterans.

I. Youth

Teen Age Medical Service (“TAMS on Chicago”)

2425 Chicago Avenue South

Phone: 612-813-6125

Hours: Monday and Wednesday, 12-5 pm; Tuesday 8:30 am-5 pm.

Outreach Education Hours: Monday-Friday 12-5 pm.

Remarks: patients must be between the ages of 10 and 22 (up to their 23rd birthday); MA is accepted (call for info about other insurance programs). Sliding fee scale for those without insurance.

Other Services: General medical services, counseling, pregnancy testing, treatment for sexually transmitted diseases.

Section 4.

Education & Employment

A. Educational Programs

Adults

American Indian OIC

1845 East Franklin Avenue

Phone: 612-341-3358, then press 0.

Hours: Monday through Friday, 8 am–2 pm.

Provides: AB/GED program for adults. Call for info.

Adult Literacy Hotline

Phone: 1-800-222-1990

Hours: Monday-Thursday 8:30 am–4:30 pm; Friday 8:30 am-12 pm.

Provides: Referrals to literacy programs, GED, basic reading, English and ESL, math, computers, citizenship, adult diploma programs and career training for prospective students and volunteer tutors.

Brian Coyle Community Center

420 15th Avenue South

Phone: 612-376-0619

Provides: ESL classes provided by Cedar-Riverside Adult Basic Education. Call for info and schedules.

Community Education/Mpls Public Schools

2225 East Lake Street

Phone 612-668-3800

Hours: Evening classes Monday-Thursday 6–9 pm.

Provides: adult basic skills (reading and math), GED, and ESL classes.

Remarks: Classes are free and open to all.

Community Education/Mpls Public Schools

GED Testing Center 2225 East Lake Street

Phone 612-668-3800

Hours: GED Testing registration: Monday 9:30 am, 12:00 and 5:30 pm; Wednesday 9:30 am and 12:00 pm.

Remarks: Must be 19 years of age and have a government-issued ID. There is a \$100 testing fee if an individual is paying for the test; if an agency is paying the fee for you, then the fee is \$120.

Minneapolis Community and Technical College

1501 Hennepin Avenue South

Phone: 612-659-6000

Hours: “Get Started Sessions” are held Mondays at 5 pm and Thursdays at noon in the student services center.

Provides: Technical and vocational training in fields ranging from commercial cooking to welding. Programs range from 3 months–2 years. Counseling and other vocational prep are also available. Financial aid is available for low-income persons.

Neighborhood Employment Network

See page 71 for locations and hours.

Agencies in the NET offer GED classes and job search help.

Summit Academy OIC

935 Olson Memorial Highway

Phone: 612-377-0150

Hours: Monday-Friday 8:30 am–3 pm; office open 8:30 am-5 pm.

Provides: Vocational and job preparation classes.

Remarks: classes are offered as a part of their employment and training program; they provide financial aid to cover tuition costs, and job placement assistance after completion of the program.

Upper Midwest American Indian Center

1035 West Broadway

Phone: 612-522-4436

Hours: Monday through Friday from 8 am–5 pm.

Provides: skills assessment, counseling, elders program, foster care program. Other services include early Head Start and adoption program; collaboration with charter schools, mental health programs and recovery programs.

Veterans

Veterans Upward Bound—MCTC

1501 Hennepin Avenue South #2400

Phone: 612-659-6580

Hours: Monday through Friday from 8:30 am–5 pm.

Provides: Instruction in writing, math, reading, study skills, computer literacy, and academic, career and benefits advising. GED preparation and assistance for vets to pay for GED testing.

Remarks: Free for all Veterans with 180 days active duty who have not been dishonorably discharged. Vets on GI Bill may receive full benefits if enrolled.

Youth

Center School “NA-WAY-EE”

2421 Bloomington Avenue South

Phone: 612-721-1655

Office Hours: Monday through Friday 8 am–4:30 pm.

Provides: Alternative junior and senior high school for at-risk youth ages 12–21. Primarily for Native Americans, but open to all..

Employment Action Center (Youth and Young Parent Programs)

900 20th Avenue South

Phone: 612-752-8800

Hours: Monday through Friday 8 am–4:30 pm

Provides: On-site GED program; other educational options. There is no charge for most programs.

Loring Nicollet Alternative School

1925 Nicollet Avenue South

Phone: 612-872-3626

Provides: An alternative high school for people between 14 and 20. An innovative program for students looking for a change from regular high school.

MERC Alternative High School

2539 Pleasant Avenue South

Phone: 612-872-2777

A school based on responsibility, respect and accountability.

PPL Bethlehem Center

2539 Pleasant Avenue South

Phone: 612-872-2760

Provides: tutoring for students in grades 2-6; pre-school program available for children ages 2 1/2-5.

Remarks: tutoring classes are free and open to everyone. Pre-school has a tuition fee, but some scholarships are available. Call for information about how to register.

New Families Center

3345 Chicago Avenue South

Phone: 612-668-3700

Hours: Monday–Friday 8 am–4:30 pm.

Provides: School information and enrollment for children and youth in grades pre-K-12 for families for whom English is not their first language. Spanish and Somali translators available.

Stonebridge Community School

4530 Lyndale Avenue South

Phone: 612-877-7400

Provides: K-6 full-day charter elementary, open to all.

Student Placement Center

1250 West Broadway

Phone: 612-668-1840 **Fax:** 612-668-1841

Hours: Monday–Friday 8 am–4:30 pm.

Provides: School information and enrollment for grades K-12. Mpls. Public Schools empowers families to choose from a number of schools, and can send their children to community or magnet schools. High school students can choose from more than 30 programs through an application process in 8th grade.

Urban League Academy/The City Inc.

2201 Blaisdell Avenue South

Phone: 612-874-9667

Hours: Monday through Friday 9 am–4 pm.

Provides: Alternative high school for youth ages 14-19; educational and employment counseling; social enterprise academy. All services are free.

Urban Ventures Learning Lab

2924 4th Avenue South

Phone: 612-545-9716

Hours: Monday–Friday 2:30–5:30 pm; closes at 4:30 pm on Fridays.

Provides: After-school educational programs for youth grades 1-8. Volunteers and staff work with youth to achieve respective grade achievement levels. Homework help and tutors also available.

Remarks: Call for information about registering for the program.

YouthLink

41 North 12th Street

Phone: 612-252-1200

Provides: GED preparation and referrals.

B. Job Training & Placement

American Indian OIC

1845 East Franklin

Phone: 612-341-3358

Hours: Monday through Friday from 8 am–4:30 pm.

Workforce Investment Program

Provides: Assessment of skills and work history, job preparation classes, work experience and on-the-job training, help with job search and placement, referral for vocational/technical training; programs for youth. Minnesota Family Investment Program (MFIP). Need to be referred by Hennepin County.

Remarks: Program participants must be Native Americans and residents of Hennepin County; all services are free.

American Indian OIC

1845 East Franklin

Phone: 612-341-3358

Hours: Monday through Friday from 8 am–4:30 pm.

Takoda Institute of Higher Education

Provides: Training for administrative assistant, customer service, medical administrative assistant, 9-week emergency medical technician, computer support specialist, public relations, nursing assistant and human service jobs; 6–9 month vocational programs.

Remarks: Program is open to all; financial aid available.

American Indian OIC Minneapolis Employment Training Program

1845 East Franklin Avenue

Phone: 612-341-3358

Hours: Monday through Friday, 8 am-4:30 pm.

Provides: Assistance with resume writing and web-based job search, employment career center, individual service strategies and employment plans, ABE/GED preparation classes, referral for tuition assistance for job training programs, retention rewards for continued employment.

Remarks: Open to Minneapolis residents, ages 18 and up; all services are free.

Catholic Charities Opportunity Center

740 East 17th Street

Phone: 612-204-8300

Hours: Monday through Friday from 8:15-11:15 am; appointments available.

Provides: Job preparation and readiness; support services (e.g. Assistance with resumé writing).

Remarks: All services are free.

Center for Asians and Pacific Islanders

3702 East Lake Street #200

Phone: 612-721-0122

Hours: Monday through Friday from 8:30 am–4:30 pm

Provides: Services intended for Asian and African refugees: employment counseling, job preparation & training, job placement, assistance with job search, bilingual and multi-lingual support.

Remarks: All services are free.

Central Lutheran Church Restoration Center

333 South 12th Street

Phone: 612-870-4416

Hours: Computer access is available Monday–Thursday 7:30 am–2 pm. Job coaches are available by appointment. Resource hours for some assistance with bus cards/tokens for new employment and verifiable appointments are Mondays and Tuesdays; walk-ins on Wednesdays and Thursdays from 9–11 am.

Employment Action Center

900 20th Avenue South (+13 other Twin Cities locations)

Phone: 612-752-8800

Hours: Monday through Friday 8 am–4:30 pm

Provides: Over 30 employment-related programs customized to meet the special needs of youth, mature workers, laid-off workers, women, parents on welfare, and others.

Remarks: There is no charge for most programs.

Goodwill/Easter Seals Workforce Industry Training Program Hotline

553 Fairview Avenue North, St. Paul

Phone: 651-379-5997

Provides: industry skills training programs (banking and finance, medical office, auto tech, construction, customer service).

Remarks: Open orientation sessions held on the second and fourth Tuesday of the month at 1:45 pm.

Hennepin County Vocational Services Program

1800 Chicago Avenue South

Phone: 612-879-3007

Hours: Monday through Friday 8 am–4:30 pm.

Provides: Job evaluation and job placement for individuals with mental illness and chemical dependency issues.

Remarks: Services for residents of Hennepin County; need referral from Rehab Services or social worker.

HHH Job Corps Center

1480 North Snelling Ave., St. Paul

Phone: 651-642-1133

Office Hours: Monday through Friday 8 am–5 pm.

Provides: Vocational training for persons ages 16–24 who are generally low or moderate income. Training is in areas of: culinary arts, health occupations, transportation industry, painting and wall-papering, facility maintenance, building and apartment maintenance, medical office administration, and office occupations. GED and basic skills classes, job placement assistance, a residential living program and on-site health and wellness services available.

Minneapolis American Indian Center

Workforce Investment Act (“WIA Program”)

1530 East Franklin Avenue

Phone: 612-879-1710

Hours: Monday through Friday 8 am–4:30 pm.

Provides: Career education counseling and support services.

Remarks: Services are open to American Indians, Alaskan and Hawaiian natives in 71 counties in Minnesota, including Ramsey and Anoka Counties, but *not* Hennepin County.

Minnesota Resource Center

2438 27th Ave. S., #100

Phone: 612-752-8100

Hours: Monday through Friday 8 am–4:30 pm

Provides: Computer training and job placement for persons with disabilities.

Remarks: Services are on a fee-for-service basis. You need to be referred by Rehab Services, VA or a Workforce Center.

Minnesota Workforce Center

South

777 East Lake Street

Phone: 612-821-4000 or 1-888-GET-JOBS (438-5627)

Hours: Monday through Friday from 8 am–4:30 pm.

North

1200 Plymouth Avenue North

Phone: 612-520-3500 or 1-888-GET-JOBS (438-5627)

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: Unemployment claims, job counseling and placement assistance. Must attend orientation at 10:30 am or 1 pm. Show up 15 minutes early.

Oak Park Neighborhood Center

1701 Oak Park Avenue North

Phone: 612-377-7000

Hours: Monday-Thursday 10 am-1 pm. Call for an appointment.

Provides: Assistance for job seekers with resumes, cover letters, applications and other job search needs. By appointment only.

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, Open Access Connections provides an individual voice mail phone number for low income people to receive messages as they look for jobs or housing and as they maintain contact with health care and social services professionals. There is no charge. Call 651-643-0883 for a referral to a participating agency or to one of the outreach sites.

Remarks: Also provides consumer information about free Lifeline cell phones. Call 651-637-1301 to request information about Lifeline companies.

PPL Learning Center

1925 Chicago Avenue South

Phone: 612-455-5300

Hours: Monday-Friday 8:30 am-4 pm. Call or walk in for info.

Provides: Free employment and training services. Computer Lab available for education and employment use. Professional development and computer workshops to learn computer skills and provide job search support. Classroom-based training for careers in health care, banking industries. Job search counseling and assistance. Career advancement services and financial coaching.

Remarks: One-hour information session Mondays at 9am.

Salvation Army Center City Office

53 Glenwood Avenue

Phone: 612-659-0711

Hours: Monday-Friday 8 am-noon and 1-4 pm.

Provides: Finding work can be difficult. Salvation Army offers resume writing assistance, access to Twin Cities job postings, referral service and more.

Salvation Army Noble

10011 Noble Parkway

Northern and Northwest suburbs of Hennepin County

Phone: 763-425-0517

Hours: Monday-Friday 8 am-noon and 1-4 pm

Remarks: Finding work can be difficult. Salvation Army offers resume writing assistance, access to Twin Cities job postings, referral service and more.

Summit Academy OIC

935 Olson Memorial Highway

Phone: 612-377-0150

Provides: Pre-vocational and job preparation classes; 20-week program in pre-apprentice training in the fields of carpentry, plumbing, electrician, clerical, community health worker (CNA), and administrative assistant.

Hours: Monday through Friday 8:30 am-3:05 pm. Information sessions are held at 10 am on Wednesdays.

Neighborhood Employment Network

Provides: Post-secondary school training, help with job skills assessment, job preparation, job development and placement, on-the-job training and support services such as transportation, uniforms, and necessary tools.

Remarks: appointments are preferred

American Indian OIC

1845 East Franklin Avenue

Phone: 612-341-3358

Remarks: GED classes offered as preparation for the test.

Brian Coyle Community Center

420 15th Avenue South

Phone: 612-338-5282

Center for Families

3333 4th Street North

Phone: 276-1571

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

Phone: 612-746-3500

Eastside Neighborhood Service Inc.

1700 2nd Street NE

Phone: 612-781-6011

Emerge Community Development

1101 West Broadway Avenue

Phone: 612-529-9267

Employment Action Center

900 20th Avenue South

Phone: 612-752-8600

2143 Lowry Avenue North

Phone: 612-752-8600

Goodwill/Easter Seals

919 East Lake Street

Phone: 612-825-6160

HIRED-Sabathani Community Center

310 East 38th Street #101

Phone: 612-822-9071

Hmong American Mutual Assistance Association

1718 Washington Avenue North

Phone: 612-374-2694

Minneapolis Urban League

2100 Plymouth Avenue North

Phone: 612-302-3100

Minnesota Workforce Center

777 East Lake Street

Phone: 612-821-4000

1200 Plymouth Avenue North

Phone: 612-520-3500

PPL Learning Center

1925 Chicago Avenue South

Phone: 612-455-5300

Southeast Asian Refugee Community House (SEARCH)

1113 East Franklin Ave. #212

Phone: 612-673-9388

C. Day and Temporary Labor

Note: persons who apply to work temporary labor must provide a photo ID and social security card; for those who are not US citizens, a “green card” will be required.

AAA Labor

1908 Chicago Avenue South

Phone: 612-871-2505

Hours: Open for day and night shifts Monday through Friday from 5 am–6 pm; Saturday and Sunday, 5:30 am-6 pm.

Type of work: Unskilled labor, semi-skilled, hospitality, light industrial and various other jobs.

Pay schedule: \$7.25 and up

Remarks: Transportation provided when necessary; approximate \$3.75 cash advance for each hour worked.

ATA Staffing

4080 West Broadway

Phone: 763-537-1225

Hours: Monday-Friday 5 am–6 pm

Pay Schedule: \$7.25 and up, varies by assignment; paid weekly.

Type of work: Light industrial and warehouse.

Atlas Staffing Inc.

102 East Lake Street

Phone: 612-338-7971

Hours: Monday–Friday 5 am–6 pm.

Type of work: Light industrial, warehouse, packaging, food service, assembly, moving.

Pay schedule: \$7.25 & up

Remarks: Applications by appointment only. Background check will be done if customer requires it.

Industrial Staffing

701 3rd Street North

Phone: 612-338-5421

Hours: Monday through Friday 9 am–4 pm. Applications are taken by appointment only, call first.

Type of work: janitorial, food preparation, light industrial

Pay schedule: \$8–\$10 depending on skills.

Just in Case

2607 1st Avenue South

Phone: 952-925-9229

Hours: Hours vary. Call for an interview.

Pay schedule: \$7–8 and up, paid weekly

Type of work: Light industrial, packaging, assembly

Remarks: Some transportation provided. Spanish spoken.

Labor All

4056 Central Avenue NE

Phone: 763-782-6858

Hours: Monday–Friday 6 am–5 pm. Hiring for all shifts.

Pay Schedule: \$7.25 and up paid next day.

Type of work: Industrial, landscaping, CDL drivers, maintenance, TIG welders, etc.

Our Temps Work

3015 37th Avenue NE

Phone: 763-789-8522

Hours: Monday–Friday 7 am–4 pm.

Type of work: Heavy labor, light industrial, assembly, warehouse, light clerical, food service, driving, and lots of commercial/household moving jobs.

Pay Schedule: \$9–11.

Remarks: Some jobs on bus line.

Top Talent Solutions

7600 Boone Ave N, Suite 65, Brooklyn Park

Phone: 952-835-8883, ext. 2

Hours: Monday–Friday from 6:30 am–5 pm. No walk-in resumes.

Type of work: clerical, assembly, packaging, warehouse, food service, skilled tech, light industrial, and professional positions.

Pay schedule: \$8 and up, paid weekly.

Remarks: interview and resume required for all positions; some testing required for clerical some tech/assembly positions.

Section 5.

Special Help & Advocacy

A. Youth Programs

Avenues

1708 Oak Park Avenue North

Phone: 612-522-1690

Intake information: Call for information. Open 24 hours a day, seven days a week.

Provides: Overnight shelter for youth ages 16–20; clothing, case management, meals, independent living skills training, employment and educational support, referral to services, legal assistance.

Brian Coyle Community Center

420 15th Avenue South

Phone: 612-338-5282

Hours: Monday through Friday 3–8 pm.

Provides: Tutoring, leadership program, self-esteem and developmental programs, summer youth programs; school release day programs; and other social activities.

Division of Indian Work

1001 East Lake Street

Phone: 612-279-6320

Hours: Monday through Thursday 3–6:30 pm

Provides: Tutoring and group activities; must sign up to participate.

Employment Action Center

Youth and Young Parent Programs

900 20th Avenue South

Phone: 612-752-8800

Hours: Monday through Friday 8 am–4:30 pm

Provides: Educational, employment and life-skill development services for those as young as 11 and as old as 30 years old.

Remarks: Call to see if they have a program to fit your needs. There is no charge for most programs.

TeenPRIDE / The Family Partnership

4123 East Lake Street

Phone: 612-729-0340

24-hour crisis line: 612-728-2062 / 800-PRIDE99

Remarks: TeenPRIDE serves girls and transgendered youth who are victims of sex trafficking/sex exploitation. It is offered in conjunction with Project Offstreets. TeenPRIDE meets weekly and individual support and advocacy services are available.

YouthLink - Youth Opportunity Center

41 North 12th Street

Phone: 612-252-1200

Hours: 9 am–8 pm by appointment; AM drop-in hours from 9 am–1 pm are for youth ages 18-23 who are staying in adult shelter. PM drop-in hours from 3 pm–8 pm Monday-Friday are for youth ages 16-20.

Provides: During drop-in hours, youth have access to multiple agencies providing services in the areas of crisis intervention, health and wellness, education, employment and housing. Support groups, laundry, showers, food and clothing are also available to program participants.

B. Services for Immigrants

All immigrants

Brian Coyle Community Center

420 15th Avenue South

Phone: 612-338-5282

Provides: Refugee resettlement services and immigrant social services. Call for details.

Center for Families

3333 N. 4th Street

Phone: 612-276-1571

Hours: Monday–Thursday, 8:30 am–8 pm; Friday 8:30 am–4:30 pm.

Provides: Assistance to all families, but especially targeted toward West Africans in the Twin Cities area. Help with finding employment and job training; pre-school and after-school programs; mental health assistance; developing healthy lifestyles for youth to become successful adults.

Other services at the Center: Providing house and yard chore services for low-income seniors and disabled individuals; improves the exterior of homes for low-income seniors and disabled individuals.

Hennepin County Office of Multi-Cultural Services

330 South 12th Street, Suite 3700

Phone: 612-348-2193

Hours: Monday through Thursday 7:30 am–5:30 pm; Friday 7:30 am–4 pm; To schedule an appointment with an immigration advocate, call for availability.

Services: Gateway for refugees, immigrants and other new Americans to Hennepin County Services including outreach, employment assistance, housing, public assistance, childcare, forms completion, etc; assistance with immigration forms and petitions; criminal justice advocacy; immigration policy, public assistance interpretation. Services provided in: Somali, Spanish, Oromiffa, Amharic, Arabic, Bosnian, Swahili, Hindi, Hmong, Russian, Tibetan and 15 other languages.

New Families Center

3345 Chicago Avenue South

Phone: 612-668-3700

Hours: Monday–Friday 8 am–4:30 pm.

Provides: School information and enrollment for children and youth in grades K-12 for families for whom English is not their first language. Spanish and Somali translators available.

Asian

Center for Asians and Pacific Islanders

3702 East Lake Street #200

Phone: 612-721-0122

Hours: Monday–Friday, 8 am–4:30 pm. (closed 12-1)

Provides: Food shelf for Asian refugees (310 East 38th St. #29); supportive services and cultural education; elderly program; and employment services.

African

African Community Services

1305 East 24th Street (Lower level)

Phone: 612-721-9984

Hours: Monday–Friday 8 am-5 pm

Provides: Services for newly arrived refugees including: employment assistance (application/resume preparation, job search skills, interview preparation), refugee social service programming including assistance finding child care, housing, home furnishings (Bridging referral agency) and other supportive referrals. ESL classes.

Remarks: Call program manager to determine program eligibility. Staff speaks nine African languages.

Latino

Centro Cultural Chicano

1915 Chicago Avenue South

Phone: 612-874-1412

Hours: Monday through Friday from 8:30 am–5 pm.

Provides: referral to government offices; English as a Second Language (ESL) classes (call for times); preschool program for ages 3–5; youth program; pre-natal program for pregnant mothers; assistance with insurance and car seats. Food shelf for Spanish-speaking people, a seniors program and a mental health/counseling program.

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

Phone: 612-746-3500

Hours: Monday–Thursday 8:30 am–7 pm; Friday 8:30 am–5 pm

Provides: Counseling for families, individuals, couples, children and adolescents; chemical dependency counseling; English classes; employment advocacy; women's program for domestic violence; seniors program. Legal rights Thursday from 2-4. The St. Paul CLUES office has additional vocational, chemical dependency, health related programs. Call 651-379-4200 for more information about St. Paul office.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul

Phone: 651-771-5494

Emergency/Protection Phone: 651-772-4417

Hours: Monday–Friday from 8 am–1 pm.

Provides: The Mexican consulate serves to protect Mexicans and assist them with US government relations within its jurisdiction (MN/SD/ND/Western WI). It can assist with acquiring important documents like passports, birth certificates, military cards, and protection of rights.

Traducción de español

Centro Cultural Chicano

1915 Chicago Avenue South

Minneapolis, MN 55404

Teléfono: 612-874-1412

Horas: de Lunes a Viernes de 8:30 am a 5 pm.

Servicios: Educación para adultos y jóvenes, servicios bilingües, programa de asistencia, consejería en asuntos legales y programas gubernamentales, programa para personas mayores, programa para crisis y servicios de salud mental.

Dispensa de Comida: Martes a viernes de 8:30 am–5 pm; pero es necesario llamar viernes a 8:30 am para una cita.

Clases de inglés: Llamé la oficina para las horas de los clases de inglés.

Comunidades Latinos Unidos en Servicios (CLUES)

720 East Lake Street

Teléfono: 612-746-3500

Horas: de Lunes a jueves de 8:30 am a 7 pm; viernes 8:30 am–5 pm.

Consejería para familias, individuos, y jóvenes; consejería de dependencia de químicos para jóvenes; clases de inglés. Derechos legales cada jueves de 2-4. La oficina de CLUES en St. Paul tiene otras programas de empleos, dependencia de químicos, y programas de salud.

Mexican Consulate/Consulado de México

797 East 7th Street, St. Paul

Teléfono: 651-772-4084

Emergencia: 651-772-4417

Horas: Lunes a Viernes, 8 am–1 pm.

Servicios: Tramites, Nacionalidad, Acta de Nacimiento, Documentos y Apostilla, y servicios de Protección Consular. La salvaguarda y defensa de sus derechos fundamentales e intereses en sus relaciones de naturaleza civil, penal, laboral, administrativa, migratoria y judiciales con autoridades extranjeras y/o particulares. La jurisdicción del consulado es los estados de Minnesota, South Dakota, North Dakota, y el oeste de Wisconsin.

Hmong

Hmong American Mutual Assistance Association

1718 Washington Avenue North

Phone: 612-374-2694

Hours: Monday–Friday 8:30 am–8 pm

Provides: Employment services, family counseling, family conflict resolution, senior services, housing referral and training for home ownership/rentals; youth programs (after school and summer tutoring for ages 5-21); ISO-ESL classes to teach family members English for five years; senior programs; job placement.

Lao Assistance Center of Minnesota

503 Irving Avenue North #100A

Phone: 612-374-4967

Hours: Monday through Friday, 8:30 am-5 pm,

Provides: Advocacy and services for families and individuals. Services include translation, advocacy in dealing with government, police, doctors, and welfare offices; employment/job search assistance; tutoring, after school programs, housing assistance including dealing with foreclosure.

Korean

Korean Service Center

630 Cedar Avenue South #B1

Phone: 612-342-1344

Provides: Advocacy and support for Korean families, individuals and seniors; translation services and advocacy in dealing with government, police, doctors and public assistance agencies; housing assistance (advocacy and interpretation in dealing with landlords and help filling out public housing applications); meals for senior citizens; information and referrals to other social service agencies. Domestic abuse services for victims of abuse and victims of human trafficking; assisted living program for residents of Cedar Square.

C. Help for Veterans

Hennepin County Veterans' Service

300 South 6th St. (SE 1st Level Government Center)

Phone: 612-348-3300

Hours: Monday–Friday, 8 am–4:30 pm (No walk-in Wed PM)

Provides: Assistance to all veterans in applying for state and federal benefits, as well as assisting them in obtaining medical benefits through the VA Medical Service and admission to Minnesota Veterans Homes. Can assist people to get DD-214s and upgrade discharges. If veterans benefits aren't available, they can provide referrals to other sources for services.

Minnesota Department of Veterans Affairs

1 Federal Dr., Rm G220 (Bishop Henry Whipple Bldg.)

Phone: 612-970-5662

Provides: Assistance to all veterans. Also locates and assists minorities, female and homeless veterans in an effort to meet the unique needs of these specific members of Minnesota's veterans community.

U.S. Department of Veterans Affairs

The Mental Health Homeless Program team outreaches to homeless veterans and provides information and counseling about benefits, chemical and mental health treatment, housing and other medical services.

Phone: 612-313-3240 (Monday–Friday 7:00 am–6:00 pm)

Outreach locations: Call 612-313-3240 for current outreach schedule at the following locations. Minneapolis: Catholic Charities Opportunity Center (Branch III), Salvation Army Harbor Light Center, Simpson Shelter. St. Paul: Dorothy Day Center, Union Gospel Mission, Listening House.

Veterans Resource Center

550 County Rd D, Suite 10, New Brighton

Phone: 651-644-4022

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: individual and group counseling, family counseling, stress management; limited evening appointments available by appointment only.

Remarks: services are officially for any combat veterans.

Minneapolis VA Community Resource & Referral Center (CRRC)

1207 Harmon Place

Phone: 612-313-3240

Hours: Monday through Friday 7 am–6 pm.

Provides: Counseling, medical care, employment services, housing referrals, veteran benefits information, and substance abuse services. Laundry and shower facilities are available as well as other on-site community services.

Veterans Upward Bound

Minneapolis Community & Technical College

1501 Hennepin Avenue South

Phone: 612-659-6580 / 612-659-6579

Hours: Monday through Friday from 8:30 am–5 pm.

Provides: Instruction in writing, math, reading, study skills, computer literacy, academic, career and benefits advising. GED preparation and assistance for vets to pay for GED testing.

Remarks: Free for all Veterans with 180 days active duty and who have not been dishonorably discharged. Vets entitled to GI Bill may receive full benefits if enrolled.

D. Victims of Abuse and Crime

Women & Children

Battered Women's Hotline

24-hour Crisis Line 651-646-0994

Camden Neighborhood Center

1210 37th Avenue North

Crisis Nursery line: 612-302-3500

Office Phone: 612-529-8054

Office Hours: Monday-Friday 9 am-4:30 pm.

Provides: Crisis nursery services in a community-based family support program that provides services to parents and children in times of crisis or stress,

PRIDE / The Family Partnership

4123 East Lake Street

Phone: 612-728-2080

24-hr crisis line: 612-728-2062 / 1-800-PRIDE99

Remarks: PRIDE serves women, girls and transgendered youth who are victims of sex trafficking/sex exploitation. They have support groups for parents whose children are at risk of prostitution or have run away.

Sexual Violence Center

3757 Fremont Ave N

Phone: 612-871-5111

Hours: Monday-Thursday 8 am-8 pm; and Friday 8 am-4 pm.

Provides: 24 hour support/crisis line for anyone affected by sexual violence; advocacy services immediately after a sexual assault by accompanying survivors to the hospital for an evidentiary exam, reporting to law enforcement and navigating services; support groups; individual counseling; legal clinic offering free legal advice from volunteer lawyers; and education.

Remarks: We serve all genders and anyone 12 or older. All services are free and no one is ever turned away from services.

Tubman

3111 1st Avenue South

24-hour Crisis Intake: 612-825-0000

Business Phone: 612-825-3333

Office Hours: Monday-Friday from 8 am-4:30 pm.

Remarks: There is space for 80 women and their children in a secure environment. Referrals are made to safe shelters in the area when they are without space. Also provide support services to all members of family with the aim of preventing and ending family violence.

Women's Advocates Inc.

Phone: 651-227-8284

Hours: 24 hour a day crisis support.

Provides: Assistance in obtaining safe shelter, referrals and info.

For Further Assistance contact the
Battered Women's Hotline at 651-646-0994.

Men and Women (Adults and Youth)

Council on Crime and Justice

822 S 3rd Street, Suite 100

24 hour Crime Victim Hotline: (612) 340-5400

TTY: (612) 206-3340 (during business hours only)

Provides: Crisis counseling and support for victims of general crime. Advocacy services include assistance with reparations, information on victim rights, criminal justice support, court accompaniment in criminal cases, legal advocacy, and referrals to other resources. Lock changes provided in emergency situations, cell-phone loan program for domestic abuse victims. Over-the-phone interpreters available for callers with limited English.

Remarks: All services are free and confidential. Calls related to sexual assault will be referred to nearest sexual violence program.

Domestic Abuse Project, Inc.

204 West Franklin Avenue

Phone: 612-874-7063

Hours: Monday–Thursday from 9 am–6 pm; Friday 9 am–4 pm.

Provides: crisis counseling, intervention, long term counseling and support groups. Legal and community advocacy programs are offered, as well as groups for children who witness domestic violence, for adolescent boys who are violent in dating relationships, and for adolescent boys and girls who witness violence.

Remarks: services are for men, women, youth and children; There is a domestic abuse treatment program for men. All services are on a sliding scale based on ability to pay. Children are free.

Domestic Violence Intervention at HCMC

730 South 8th Street (ER entrance)

Phone: 612-873-2636

Hours: 8 am–11 pm 7 days a week.

Provides: support and advocacy for victims of domestic violence who come to Hennepin County Medical Center for treatment of injuries received in a domestic assault; also provides assistance in getting safe shelter.

OutFront Minnesota

310 East 38th Street #204

Phone: 612-822-0127 or toll-free 1-800-800-0350

24-hour crisis hotline: 612-824-8434

Provides: Advocacy, information, support, counseling and safe-house referrals for victims of domestic violence. Serves gay and lesbian individuals.

OutFront Minnesota

Anti-Violence Anti-Harassment Advocate

310 East 38th Street #204

Phone: 612-822-0127 or toll-free 1-800-800-0350

Provides: Support for victims of hate crimes, assault, and harassment; assistance with police reports and pursuing reparations.

Hennepin County Attorney's Office

Victim-Witness Services

Phone: 612-348-4003

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: information and advocacy for women and men who have been abused and wish to file assault charges in Hennepin County. Advocates will help with felony charges; misdemeanors are handled by City Attorney's office (612-673-2010).

Open Access Connections

Phone: 651-643-0883

Provides: Through community outreach sites and a network of community agencies, Open Access Connections provides an individual voice mail phone number for low income people to receive messages as they look for jobs or housing and as they maintain contact with health care and social services professionals. It also provides a safe phone number for victims of domestic abuse. There is no charge. Call 651-643-0883 for a referral to a participating agency or to one of the outreach sites.

Remarks: Also provides consumer information about free Lifeline cell phones. Call 651-637-1301 to request information about Lifeline companies.

Order for Harassment Restraining

Hennepin County Government Center

Self-Help Center - 2nd level

Hours: Walk-ins only. Monday, Tuesday, Thursday and Friday 8 am-2 pm; Wednesday 8 am-noon.

Remarks: For anyone who has experienced unwanted repeated words, gestures or behavior intended to affect the safety, security, or privacy of someone. No relationship need exist between persons. You must provide the name of the perpetrator.

Filing Fees: There is a filing fee of \$252 for restraining orders. Some waivers are available.

Order for Protection

Hennepin County Government Center

Self-Help Center - 2nd level

Phone: 612-348-5073

Hours: Walk-ins only. Monday, Tuesday, Thursday and Friday 8 am-2 pm; Wednesday 8 am-noon.

Provides: assistance for victims of abuse with obtaining Orders for Protection.

Remarks: For people living together, related by blood, married, divorced, or in a significant sexual or romantic relationship. There must be actual or threatened violence, threat of physical assault, or terroristic threats

Fees: No filing fees charged for Orders for Protection.

Order for Protection

Ramsey County: 651-266-5130

Washington County (Family Violence Network):

651-770-8544 (business hours); 651-770-0777 (24-hours)

Dakota County: 952-891-7243 (Apple Valley courthouse); 651-438-8110 (Hastings courthouse); 651-554-8200 (W. St. Paul).

Note: County Clerks who file these Orders can only provide some basic assistance. You may want to speak to an advocate who could help you throughout the entire process of obtaining an Order. Advocates have good knowledge of all parts of the legal system that a victim of domestic abuse may encounter. They can help prepare forms for Orders, as well as accompany a petitioner to court or help locate child care during court. Call Battered Women's Hotline for a referral, 651-646-0994.

Rape and Sexual Abuse Center (NIP)

2431 Hennepin Avenue South

Phone: 612-374-9077

24-hr crisis line: 612-825-HELP

Provides: Counseling for survivors of sexual violence; can be individuals, couples and families; some legal advocacy provided. Services available for male and female victims of abuse.

Remarks: Sliding fee scale. Evening appointments available Monday-Thursday.

Tubman

1315 Penn Avenue North - Room 216 (North Point)

Phone: 612-521-0240

24-hour Crisis Intake: 612-825-0000

Provides: counseling, advocacy, assistance exercising legal rights, assistance preparing Orders for Protection, and support groups; presentations on elderly abuse; north Minneapolis rental housing referrals.

Remarks: For victims of family abuse who need referrals. Will work with women and men who are working to be reunited with their children.

E. Legal Assistance

Brian Coyle Community Center

420 15th Avenue South

Phone: 612-338-5282

Hours: Wednesday. Some walk-ins available 12-2 pm or call ahead to make an appointment.

Provides: Lawyer provides general legal help.

Remarks: Free of charge.

Remarks: Sliding fee scale, based on income.

Cornerstone Ministry (Park Ave. Church)

3400 Park Avenue South

Hours: Thursday 3–5 pm.

Provides: Free legal clinic. Walk-in only, first come, first served.

Hennepin County Attorney's Office

300 South 6th Street

Phone: 612-348-5550

Hours: Monday through Friday from 8 am–5 pm.

Provides: criminal felony prosecution, child support enforcement, services for victims of sexual assault, and for victims and witnesses of crimes in Hennepin County (612-348-4003).

Remarks: all services are free.

Hennepin County Conciliation Court ('Small Claims')

350 South 5th Street Rm 306

Phone: 612-348-2713

Hours: Monday, Tuesday, Thursday and Friday 8:00 am–4:30 pm; Wednesday 8:00 am–1:30 pm.

Provides: opportunity for person to file small claims court complaint against anyone who owes him/her money. Maximum claim is \$10,000. \$70 filing fee. Party filing must live in Hennepin County.

Hennepin County Public Defender

701 4th Avenue South #1400

Phone: 612-348-7530

Provides: Legal representation for people in Hennepin County criminal court who are unable to afford their own lawyer.

Lawyer Referral and Information

Phone: 612-752-6666

Hours: Monday through Friday from 9 am–4:30 pm.

Provides: advice and appropriate referral to an attorney or other resources in legal services.

Remarks: There is a \$30 fee for the referral and first half-hour consultation. During the first meeting the attorney and client should agree on fees beyond then. Must make an appointment. Also can provide brief attorney advice at the Hennepin County Government Center.

Legal Aid Society

430 1st Avenue North #300

Intake Phone: 612-334-5970 **Phone:** 612-332-1441

Hours: Monday–Friday 8:30 am–4:30 pm.

Intake hours: 9:30 am–11:30 am and 1:30–3:30 pm.

Provides: legal advice and assistance with civil matters (tenant-landlord problems, evictions, some consumer problems, immigration, family law, tax, health care access), advocacy for public assistance recipients and claimants (TANF, Food Support, GA, Social Security, SSI). Disability Law Center assists people who have legal issues related to a disability.

Remarks: All services are free if eligible.

Legal Rights Center

1611 Park Avenue South

Phone: 612-337-0030

Hours: Must walk-in during intake Tuesday 10 am–noon. Office hours are Monday–Friday 9 am–4:30 pm. Intake is also done Wednesdays 4–5 pm at Pillsbury House, 3501 Chicago Ave.

Provides: legal advice and the services of attorneys for criminal matters within Hennepin County (as an alternative to the Public Defender) for low-income persons; mediation and restorative justice criminal cases only. No legal advice given over the phone.

Your right to file a charge of discrimination is protected by law. If you are the victim of a reprisal or further harassment because you have filed a complaint, you should notify the Department of Human Rights immediately.

Minneapolis Department of Civil Rights

350 South 5th Street - City Hall Room 239

Phone: 612-673-3012

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: advocacy for persons who have been discriminated against within the city of Minneapolis on the basis of age, ancestry, color, creed, disability, gender, national origin, religion, or sexual preference; discrimination can occur in the areas of education, employment, housing, public assistance, public accommodations (i.e. stores, restaurants), etc.

Remarks: Complaint must be filed within one year of the alleged discrimination.

Minnesota Department of Human Rights

190 East 5th Street, #700, St. Paul

Phone: 651-296-5663

Hours: Monday through Friday from 8 am–4:30 pm.

Provides: advocacy for persons who have been discriminated against on the basis of age, ancestry, color, creed, gender, national origin, religion, or sexual preference; discrimination can occur in employment, housing, public accommodations, public services, education, and credit.

OutFront Minnesota

310 East 38th Street #204

Phone: 612-822-0127

Provides: The Legal Advocate can help you determine if you need legal assistance on GLBT-related issues, can answer legal questions and/or refer you to someone who can answer your questions or represent your interest. Areas of legal issues addressed include: family law, housing, employment law and civil rights. There is no fee for information or referrals, however attorneys may charge for the services they provide.

Tubman

Legal Assistance for Women (L.A.W.)

4432 Chicago Avenue South

Phone: 612-871-0118

TTY for deaf/hard-of-hearing: 612-824-2780

Hours: Hours vary. Call for information.

Provides: legal advice and referrals to attorneys for family law matters. They also have informational workshops on family law-related topics. Limited resources for employment and family law.

Remarks: Fees vary based on services. Half hour individual appointments.

Volunteer Lawyers Network

Phone: 612-752-6677

Hours: Monday through Friday 10 am–1 pm.

Provides: legal advice and the services of attorneys for civil matters (tenant-landlord problems, conciliation court, garnishments, repossession, divorce, child custody, and other civil matters) within Hennepin County. No criminal cases, personal injury, or employment law cases. For cases of subsidized housing or government benefits, contact Legal Aid.

Remarks: Appointment needed.

F. Police Misconduct

If you are the victim of police misconduct or abuse:

- seek medical attention
- write down the details right away
- photograph the injuries
- contact witnesses, if any

Federal Bureau of Investigation (FBI)

1501 Freeway Blvd., Brooklyn Center

Phone: 763-569-8000

The FBI investigates cases of police misconduct as they relate to the Federal Civil Rights Law. If you should witness or be a victim of police misconduct, call the FBI and ask to speak to someone about a civil rights matter.

Communities United Against Police Brutality (CUAPB)

4200 Cedar Avenue South

Phone: 24 Hour Hotline 612-874-STOP (612-874-7867)

Hours: Meetings are Saturdays 1:30-4:00 pm

Provides: CUAPB is an all-volunteer grassroots group that provides support for survivors of police brutality and families of victims so they can reclaim their dignity and join the struggle to end police brutality.

Remarks: CUAPB does many things, including education, political action, legislative action and legal research. CUAPB also offers a 24-hour crisis line(612-874-STOP) that people can call to report instances of abuse. CUAPB can send out a crisis team to investigate the complaint, take photos and statements and offer immediate assistance. CUAPB follows up with legal, medical and psychological referrals and other services as needed. CUAPB also brings together families and survivors in a local network to provide ongoing support and empowerment for people suffering from their encounter with police brutality

You can also file a formal complaint with:

Minneapolis Office of Police Conduct Review

350 South 5th Street, Room 236 City Hall

Phone: 612-673-5500

Hours: Monday through Friday from 8:30 am–4:30 pm

Takes complaints against Minneapolis Police officers for misconduct, such as inappropriate language or conduct, harassment, discrimination, retaliation, excessive force, and failure to provide adequate and timely protection. After a complaint is made, staff will investigate. If the Office of Police Conduct Review sustains a complaint, they make a recommendation to the Chief for discipline of the officer. Mediation between complainant and police may also be an option. Must file complaint within 239 days of incident.

If you think you were discriminated against on the basis of age, ancestry, color, creed, gender, national origin, religion, or sexual preference, you can file a complaint with:

Minnesota Department of Human Rights

190 East 5th Street #700, St. Paul

Phone: 651-296-5663

Hours: Monday through Friday 8 am–4:30 pm.

Remarks: Takes complaints of discrimination

G. Advocacy

American Indian Community Development Corp.

Kola Project (Lakota for “friend”)

1600 East 19th Street

Phone: 612-874-1050

Provides: Medical outreach program to work with chronic inebriate homeless Native American population. Goal is to lower their detox admits and inappropriate use of ER. Outreach includes activities and clothing.

Basilica of St. Mary

Phone: 612-333-1381

88 North 17th Street (in school bldg behind church)

Provides: Pathways is a faith-based life skills program at 6 pm on Thursday. It offers discussions about life skills, spirituality, prayer and support. Anyone is welcome.

Dignity Center

Hennepin Ave. United Methodist Church

511 Groveland (enter off Lyndale)

Phone: 612-435-1315 (only answered during program hours)

Hours: Monday, Wednesday and Friday 9–11:30 am. After first session, appointments are expected.

Remarks: The purpose of the Dignity Center is to help participants become stable through involvement in an ongoing supportive relationship with an Advocate who guides each person by making a plan, with steps and referrals to organizations that can help with specific needs. Tangible resources such as bus transportation, clothing vouchers, prescription co-payments, toiletry kits, etc) are given to support participants as they work on stability. Participants are expected to make a commitment to the program after meeting with their advocate a few times. Regularly scheduled meetings are expected.

MAD DADS

3026 4th Ave South S

Phone: 612-822-0802

Hours: Monday through Friday, 9 am-4:30 pm.

Provides: Minneapolis MAD DADS has many programs available such as: men’s empowerment and responsibility program; school crime prevention intervention support; Community Organizing and Preparing Students for Success; parent/youth family mediation services; Peace Bus-Outreach Explosion; Street Patrol; homicide crisis and response Team: Groups meet at Center for Fathers (3023 4th Ave S) Tuesday and Thursday 5 pm-7 pm.

North Point Health & Wellness Center

African American Men's Project

1315 Penn Avenue North

Phone: 612-767-9500

Hours: Monday through Friday 8 am–5 pm.

Provides: AAMP serves African American men who are 18 and older and are Hennepin County residents. The program helps men become healthy and successful wage earners, fathers and community leaders. AAMP provides coaching and support and also assists men with medical needs.

Remarks: Walk-ins are accepted, as are referrals from Hennepin County departments and other community organizations.

Peace House

1816 Portland Avenue South

Phone: 612-870-7263

Hours: Monday–Friday 10 am–3 pm. Meditation is held at 11:30 followed by lunch. Door is locked during meditation.

Provides: Peace House is a gathering place where poor, homeless and economically comfortable people come to form community, work for non-violence, affirmation and responsibility. Emphasis on spirituality through daily reflection time together. Doors closed for reflection, meditation and lunch from 11:30-12:45.

Powderhorn-Phillips Cultural Wellness Center

2025 Portland Avenue South

Phone: 612-721-5745

Hours: Monday–Friday 8 am–5 pm.

Provides: Community Systems Navigators (CSN) assist individuals in building community by reconnecting them to culture. CSN are community residents who have begun an organizing role in rebuilding community. They are role models, teachers, friends, mentors, advocates, community organizers. CSN provide home visits, facilitate self-study and organize celebrations for communities and individuals in addition to facilitating movement from little or no dependence on government to independence and self-sufficiency. Community action teams, diabetes support and health management.

Salvation Army Parkview

Family Mentoring Program-Project Breakthrough

2024 Lyndale Ave N

Phone: 612-522-6581 (ask for Brian or Katy)

Hours: Monday–Friday 8 am–noon and 1–4 pm.

Provides: A unique self-sufficiency program, for North Minneapolis residents ONLY who were affected by the 2011 tornado, that helps low-income families make positive life changes.

St. Stephen's Human Services
2309 Nicollet Avenue

Assistance obtaining Birth Certificates and Voice Mail

Phone: 612-870-2283

Provides: Assistance sending for U.S. birth certificates. Also provides voice mail boxes for housing and job searches, health care, and safety from domestic abuse.

Community Engagement Program

Phone: 612-481-9501

Organizing, educating and advocating on issues of homelessness: "A Day in the Life" education events, shelter tours, public speaking panels and conversations in the community on homelessness issues. Individuals or groups who want to learn about homelessness, as well as people who have been homeless and want to educate others are invited to call.

Homeless Against Homelessness (HAH)

Phone: 612-760-5125

Remarks: HAH is a group of currently and formerly homeless people who work together to improve the lives of people living in poverty. Using their wisdom and experience from the streets, HAH brings the voices of people experiencing homelessness to elected officials, community leaders and others interested in understanding homelessness and poverty.

Hours: HAH meets weekly at St. Stephen's Human Services, 2309 Nicollet Avenue. Call for meeting times.

Representative Payee Service

Phone: 612-870-0529

Provides: Handles funds for people receiving Social Security/ Disability benefits. Makes certain rent and bills are paid, then disburses personal needs funds throughout the month.

zAmya Theatre Company

Phone: 612-760-4804

Remarks: If you have experienced homelessness and are interested in participating in workshops or theatre to educate and entertain the community about homeless issues, please call to learn about upcoming opportunities.

St. Stephen's Street Outreach Team

333 South 12th Street (located in Central Lutheran Church)

Phone: 612-879-7624 or toll-free, 1-888-550-7624

Hours: Monday and Saturday 9 am-5 pm; Tuesday-Friday 9 am-9 pm; office drop-in hours from Monday-Friday 9-11 am.

Remarks: Works with individuals sleeping outside or in substandard places. Provides a response to homeless concerns in public settings with a mobile outreach team able to visit individuals in the community.

H. Programs for Ex-Offenders

AMICUS

3041 4th Avenue South

Phone: 612-877-4250

Remarks: "Reconnect," is a referral program for re-entering offenders who are searching for jobs, housing, family services, transportation, clothing, sobriety supports and other needs. Available to offenders in all Minnesota facilities (state and federal) and all ex-offenders, whether just out or years after release. Amicus Ex-Offenders support group held from 6-7:30 pm on Tuesdays.

Council on Crime and Justice

822 S 3rd Street, Suite 100

Phone: (612) 353-3000

Expungement Line: (612) 353-3024

Provides: Services for families and friends of inmates, referrals for housing, financial, employment, and related needs. Criminal records advocacy and community education, information line on obtaining your criminal record and expungement clinic. Clinic is held the 1st Tuesday of every month, provides legal assistance for expungements, must bring copies of your criminal record. Training for professionals on demystifying criminal records. Knowing Your True Empowerment (KYTE, formerly Felons for Felons) is a support group for ex-offenders held on the second and fourth Wednesday of the month from 4-5:30pm. Two seminars are offered monthly. Call for details.

Index

A

AAA Labor 72
ACT Homeless Team-People Inc. 30,56
Adult Literacy Hotline 64
African American AIDS Task Force 47
African American Family Services 57
African American Men's Project 89
African Community Services 76
Alcoholics Anonymous 58
Alliance Apartments 24
Alliance Housing Inc. 23
Alternative Homes 20
American Indian Community Development Corp. 27,88
American Indian OIC 64,67
AMICUS 91
Anishinabe Wakiagun 25
The Archdale 23
Arrigoni House West 20
Ascension Place 20
ATA Staffing 72
Atlas Staffing Inc. 72
Avenues 18,74

B

Basilica of St. Mary 88
Battered Women's Hotline 80
Beacon Program 60
Booth Program 16
Brian Coyle Community Center 7,36,64,71,74,75,84
The Bridge 19,20,23

C

Cabrini Partnership 21,25
Calvary Baptist Church 14
Camden Neighborhood Center 5,19,29,80
Canvas Health Crisis Connection 49
Canvas Health Crisis Connection Men's Line 49
Canvas Health New Generations 50
Catholic Charities 50
Catholic Charities Higher Ground 16,25,46
Catholic Charities Opportunity Center 12,19,46,68
Cedar Riverside People's Center 42
Center for Asians and Pacific Islanders 7,68,76
Center for Families 71,75
Center School 65
Central Avenue Apartments 25
Central Avenue Health Clinic 44,48

Central Lutheran Church 5,12,42,68
Centro Cultural Chicano 7,50,76,77
Children's Dental Services 60
Communities United Against Police Brutality 87
Community Emergency Service 7,12,27,36
Community-University Health Care Center 43,48,50,60
Community Education/Mpls Public Schools 64
Comunidades Latinos Unidos en Servicios (CLUES)
31,50,58,71,76,77
Cooper and Reid LLC 41
Cornerstone Ministry 5,84
Council on Crime and Justice 81,91
Creekside Community Center 13
Crisis Intervention Center 51

D

Dakota County 83
Dignity Center 88
Division of Indian Work 8,51,74
Domestic Abuse Project, Inc. 81
Domestic Violence Intervention at HCMC 81
Drake Hotel 23

E

East Lake Clinic 43
Eastside Neighborhood Service Inc. 71
Emergency Assistance (EA) 35
Emergency Housing 16
Emerge Community Development 71
Employment Action Center 65,68,71,74
Energy Assistance 36
Evergreen Residence 24
Exodus Residence 24

F

Families Moving Forward 18
Family Partnership 51,74,80
Fare for All Program 8
Federal Bureau of Investigation (FBI) 86
Food Support 37
Fremont Clinic 44,48

G

General Assistance (GA) 38
Glenwood Residence 25
Goodwill/Easter Seals 68,71
Groveland Emergency Food Shelf 8

H

HCMC Crisis Intervention Center 51
Hennepin Avenue Methodist Church 14
Hennepin Co. Public Health Clinic with Red Door Services 48
Hennepin County Attorney's Office 82,84
Hennepin County Chemical Health Services 58
Hennepin County Conciliation Court ('Small Claims') 84
Hennepin County Medical Center 47
Hennepin County Mental Health Center 51
Hennepin County Office of Multi-Cultural Services 75
Hennepin County Public Defender 84
Hennepin County Veterans' Service 78
Hennepin County Vocational Services Program 68
The Heritage 24
HHH Job Corps Center 69
Higher Ground 16,25,46
Hmong American Mutual Assistance Association 71,78
Holy Rosary Church 13
Homeless Against Homelessness (HAH) 90
Hope Church 14
HOPE Community 24
Hope Street 19
House of Charity 19,21,58
House of Charity Food Centre 12

I

Indian Health Board 43,51,61
Indian Neighborhood Club on Alcohol and Drug Abuse 58
Industrial Staffing 73

J

Joyce Uptown Food Shelf, Inc. 8
Just in Case 73

K

Kateri Residence 21
Korean Service Center 78

L

Labor All 73
Lao Assistance Center of Minnesota 78
Lawyer Referral and Information 84
Legal Aid Society 28,85
Legal Rights Center 85
Light House 56
Little Kitchen Food Shelf 8
Loaves and Fishes Too 13
Loring Nicollet Alternative School 66
Love Lines 55

Lutheran Social Services 55
Lydia Apartments 26

M

MAD DADS 88
Marie Sandvik Center 5,13
Mary's Place 18,46
Medical Assistance (MA) 38
MERC Alternative High School 66
Messiah Lutheran Church 9
Metro Hope Ministries 59
Metropolitan Center for Independent Living 31
Metro Shelter Hotline 15,21
Mexican Consulate/Consulado de México 77
Midwest Challenge 22
Minneapolis American Indian Center 69
Minneapolis Community and Technical College 64
Minneapolis Department of Civil Rights 85
Minneapolis Office of Police Conduct Review 87
Minneapolis Public Housing Authority 24
Minneapolis Urban League 71
Minneapolis VA Community Resource & Referral Center 79
Minnesota Adult and Teen Challenge 59
Minnesota AIDS Project 48
Minnesota Attorney General's Office 28
Minnesota Department of Human Rights 85
Minnesota Department of Veterans Affairs 79
Minnesota Family Investment Program (MFIP) 34
Minnesota Food Helpline 9
Minnesota Resource Center 69
Minnesota Supplemental Aid (MSA) 39
Minnesota Workforce Center 69,72
MNSure 39,42
Mothers and Children Food Assistance Program 9

N

Native American Community Clinic 43,55,61
Neighborhood Employment Network 65
Neighborhood HealthSource 44,48
Neighborhood Involvement Program (NIP) 55
New Creation Baptist Church 9
New Families Center 66,76
N.I.P. Community Clinic 45,49,61,62
North Point Health & Wellness Center 35,59,89
Northside CSP/People Inc. 57
North Point Health & Wellness Center 9,31,45,55,61
Nutrition Assistance Program for Seniors 9

O

Oak Park Neighborhood Center 5,69
Open Access Connections 28,70,82
Opportunity Housing 26
Order for Harassment Restraining 82
Order for Protection 83
Our Saviour's Housing 22,26
Our Saviour's Shelter 16
Our Temps Work 73
OutFront Minnesota 81,82,86

P

Peace House 13,89
People Serving People 17,26,46
Phillips Neighborhood Clinic 45
Plymouth Congregational Church 14
Portland Village 27
Powderhorn-Phillips Cultural Wellness Center 89
PPL Bethlehem Center 66
PPL Learning Center 70,72
PRIDE 80
Pursuit Hometel 27

R

Rape and Sexual Abuse Center (NIP) 83
Rape and Sexual Abuse Helpline 55
Recovery Resource Center 59
River of Life Church 13

S

Sabathani Community Center 5,10,30,71
Sabathani Community Center-HIRED 71
Sally's Place 15
Salvation Army 6,30,37
Salvation Army Center City Office 6,10,30,32,37,70
Salvation Army Harbor Light Center 15,47
Salvation Army Noble 70
Salvation Army Central/NEED 31
Salvation Army Central Social Services 10
Salvation Army Harbor Light Center 14,16,17,19,22,47,60
Salvation Army HOPE Harbor 26
Salvation Army Noble 36
Salvation Army Parkview 10,31,36,89
Salvation Army Stores 6
Salvation Army Temple 10,32,36
Senior Food Shelf 11
Seward CSP 57
Sexual Violence Center 80

Sharing and Caring Hands (Mary Jo's) 6,11,12,13,14,19,47,61
Sheridan Clinic 44,49
Simpson Housing Services 22
Simpson Shelter 15,17,47
Simpson United Methodist Church 11
Simpson Women's Shelter 15
Social Security Administration 40
Southeast Asian Refugee Community House (SEARCH) 72
Southside Community Clinic 45,49,61
Spectrum Homeless Project 27
St. Anne's Place 18
St. Barnabas Apartments 23
St. Mark's Episcopal Cathedral 13,14
St. Mary's Health Clinics 46
St. Stephen's Ending Long-Term Homelessness 28
St. Stephen's Family Rapid Rehousing Program 29
St. Stephen's Human Services 90
St. Stephen's Prevention Program 29
St. Stephen's Single Adult Rapid Rehousing Program 29
St. Stephen's Street Outreach Team 90
St. Stephen's Shelter 17,47
Student Placement Center 66
St. Vincent de Paul 6
Steeple People Surplus Store 6
Stonebridge Community School 66
Summit Academy OIC 65,70

T

Teen Age Medical Service ("TAMS on Chicago") 63
TeenPRIDE 74
The Clothes Closet/CSJ Ministry Center 5
Top Talent Solutions 73
Tubman 18,56,60,80,83,86
Turning Point, Inc. 27,49,60

U

Urban League Academy/The City Inc. 66
U.S. Department of Veterans Affairs 79
Union Gospel Mission 62
University of Minnesota Dental School 62
Upper Midwest American Indian Center 65
Urban Ventures Learning Lab 67

V

Vail Place 57
Veterans Affairs Medical Center 62
Veterans Resource Center 79
Veterans Upward Bound 65,79
Volunteer Lawyers Network 86

W

Waite House 11,13

Walk-in Counseling Center 56

Washington County 83

Wayside Family Treatment 23

Wesley Church 14

Westminster Presbyterian Church 15

Whittier Clinic 46

WIC Program (Women Infants Children) 11

Women's Advocates Inc. 80

Y

YouthLink 23,67,75

YouthLink / Youth Opportunity Center 19

Notes:

Notes:

Notes:

Notes:

Order Form for the 2014-2015 Minneapolis Handbook of the Streets:

Name _____

Agency _____

Address _____

City, ST ZIP _____

Phone: _____

2014-2015 Minneapolis Handbook of the Streets

_____ copies for staff or non-poor & homeless people
@ \$6.00 = (A) \$ _____

After you have ordered some books at the staff rate, you may order copies to distribute at the following rate:

_____ copies for client distribution
@ \$1.00 = (B) \$ _____

Total number of copies: _____

Postage and handling (see chart below): \$ _____

Amount due:

(A) Staff copies: \$ _____
+ (B) Client copies: + \$ _____
+ (C) Postage: + \$ _____
= TOTAL DUE = \$ _____

Total Copies	Add Postage
1	\$2.50
2-5	\$4.00
6-20	\$5.50
21-50	\$6.75
51-75	\$10.00
76-100	\$14.00
101-150	\$20.00
151+	Call for total

Check made payable to:
St. Stephen's Human Services
Mail to:
St. Stephen's Human Services
Attn: Handbook
2309 Nicollet Avenue
Minneapolis, MN 55404
612-870-2283

St. Stephen's Human Services offers help to people experiencing homelessness. Support includes:

Housing opportunities and support for individual adults and families, including Kateri Residence for Native American women, our rapid rehousing partnership helping families and singles move quickly out of shelters, and long-term supportive housing for people families and single adults.

Employment support for single adults staying in south Minneapolis shelters as well as families leaving the Minnesota Family Investment Program.

Shelter & Emergency Services for adult men staying in our Shelter. We also provide on-the-spot Street Outreach to anyone living outside as well as additional helpful resources, including Representative Payee Services, help obtaining birth certificates, holiday drop-ins and the Handbook of the Streets.

Community Engagement Educational and advocacy opportunities for housed and not-yet-housed people to promote a greater understanding of homelessness, including through our zAmya Theater Project, A Day in the Life Program, and Homeless Against Homelessness.

St. Stephen's Human Services

2309 Nicollet Avenue South

Minneapolis, MN 55404

(612) 874-0311

www.ststephensmpls.org

ending homelessness

st. stephen's HUMAN SERVICES