

Focus on Fitness

September

Boot Camp

October

Twin Cities 5K—sponsored by Twin Cities in Motion

November

**Morning
Move**

Title I Breakfast

Guest Speaker focusing on
Focus on Fitness

Cross Country Skiing—
coaches sponsored by
The Loppet
Foundation

December

*Snow Shoe
Boot Camp*

Fun Run at the U of M—sponsored by Twin Cities
in Motion

January

February

Minne-Loppet and Luminary Loppet—sponsored by The Loppet Foundation

Kidarod—Sponsored by Cycle Health

March

**Morning
Move**

Park Brook Winter Funland

Sponsored by PTO, Allina, The Loppet Foundation

YMCA after school field trip—sponsored by Emma B. Howe YMCA

April

Boot Camp

Fun Run—Como Park—Sponsored by Twin Cities in Motion

May

June

5th Grade extended field trip—Wirth Park—sponsored by The Loppet
Foundation and The District 279 Foundation

Possible Summer activities—
sponsored by Cycle Health, Allina,
YMCA, bike grant and The Loppet
Foundation

Summer

Kids Tri—sponsored by Cycle Health

Wellness Committee

Salad Bar—sponsored by District 279 Food Services and Whole Foods