

OALC September 2018 Breakfast Menu

BREAKFAST PRICES

Elem. Student "Paid"	\$1.55
Student Reduced"	FREE
Student "Free"	FREE
Milk	\$.50

Menu subject to change without notice.

The nutrient analysis is based on the menu as written. Alternate menu choices are available daily but are not included in the weekly menu analysis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Bites French Toast Sticks Cereal Cereal Bars Muffin Loafs Pop Tarts Fruit/Fruit Juice Milk	Breakfast Pizza Cereal Cereal Bars Muffin Loafs Pop Tarts Fruit/Fruit Juice Milk	Cinnamon Rolls Long Johns Cereal Cereal Bars Muffin Loafs Fruit/Fruit Juice Milk	Breakfast Pizza Cereal Cereal Bars Muffin Loafs Pop Tarts Fruit/Fruit Juice Milk	Hot Item Cereal Cereal Bar Muffin Loaf Pop Tart Fruit/Fruit Juice Milk
Breakfast Bites French Toast Sticks Cereal Cereal Bars Muffin Loafs Pop Tarts Fruit/Fruit Juice Milk	Breakfast Pizza Cereal Cereal Bars Muffin Loafs Pop Tarts Fruit/Fruit Juice Milk	Cinnamon Rolls Long Johns Cereal Cereal Bars Muffin Loafs Fruit/Fruit Juice Milk	Breakfast Pizza Cereal Cereal Bars Muffin Loafs Pop Tarts Fruit/Fruit Juice Milk	Hot Item Cereal Cereal Bar Muffin Loaf Pop Tart Fruit/Fruit Juice Milk
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All Grains/Breads offered are a minimum of 51% Whole Grain.



*May contain Pork



#May contain nuts or peanut butter

Any school made item could contain any of the above, please check with Kitchen Manager at site.
Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (Voice and TDD). USDA is an equal opportunity provider and employer.

Free and Reduced Meal Applications available online at
<http://district279.org/i-want-to-free-and-reduced-meals>
OR
may be picked up at any school within District 279 or the District Office.