

“Elm Creek” “November 2018” Breakfast Menu

BREAKFAST PRICES


Elem. Student "Paid"	\$1.55
Student Reduced".....	FREE
Student "Free".....	FREE
Milk.....	\$.50

Menu subject to change without notice.

The nutrient analysis is based on the menu as written. Alternate menu choices are available daily but are not included in the weekly menu analysis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		5	1 French Toast Cereal Yogurt Fruit Milk Juice	2 Fruitel Cereal Yogurt Fruit Milk Juice
5 Bagel/Cream Cheese Cereal Yogurt Fruit Milk Juice	6 NO SCHOOL	7 Pizza Cereal Yogurt Fruit Milk Juice	8 Pancakes/Sausage Cereal Yogurt Fruit Milk Juice	9 Long Johns Cereal Yogurt Fruit Milk Juice
12 Bread Choice Cereal Yogurt Fruit Milk Juice	13 Egg Patty/Muffin/ Cheese Cereal Yogurt Fruit Milk Juice	14 French Toast Cereal Yogurt Fruit Milk Juice	15 Bread Choice Cereal Yogurt Fruit Milk Juice	16 Oatmeal/Toast Cereal Yogurt Fruit Milk Juice
19 Bread Choice Cereal Yogurt Fruit Milk Juice	20 Omelette/Toast Cereal Yogurt Fruit Milk Juice	21 Bread Choice Cereal Yogurt Fruit Milk Juice	22 NO SCHOOL	23 NO SCHOOL
26 Bread Choice Cereal Yogurt Fruit Milk Juice	27 Scrambled Eggs Cereal Yogurt Fruit Milk Juice	28 Bread Choice Cereal Yogurt Fruit Juice Milk	29 Pancakes Cereal Yogurt Fruit Juice Milk	30 NO SCHOOL

All Grains/Breads offered are a minimum of 51% Whole Grain.



 *May contain Pork
 **May contain nuts or peanut butter

Any school made item could contain any of the above, please check with Kitchen Manager at site.
 Allergy Notice: Products have been made in the District kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

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Free and Reduced Meal Applications available online at
<http://district279.org/i-want-to/free-and-reduced-meals>
OR
may be picked up at any school within District 279 or the District Office.