

Cedar Island Elementary

December 2018

Breakfast Menu

Milk and Juice offered Daily at Breakfast

BREAKFAST PRICES

Elem. Student "Paid"	\$1.55
Student Reduced"	FREE
Student "Free"	FREE
Milk	\$.50

Menu subject to change without notice.

The nutrient analysis is based on the menu as written. Alternate menu choices are available daily but are not included in the weekly menu analysis.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Breads Cereal Cheese Stick Fruit	4 Breakfast Pizza Cereal Yogurt Fruit	5 Breakfast Bites Cereal Hard Boiled Egg Fruit	6 Frudel, or French Toast Mini Cereal Yogurt Fruit	7 Mini Donut Cereal Cheese Stick Fruit
10 Breakfast Breads Cereal Cheese Stick Fruit	11 Breakfast Pizza Cereal Yogurt Fruit	12 Breakfast Bites Cereal Hard Boiled Egg Fruit	13 Frudel or French Toast Mini Cereal Yogurt Fruit	14 Mini Donut Cereal Cheese Stick Fruit
17 Breakfast Bread Cereal Cheese Stick Fruit	18 Breakfast Pizza Cereal Yogurt Fruit	19 Breakfast Bites Cereal Hard Boiled Egg Fruit	20 Frudel or French Toast Mini Cereal Yogurt Fruit	21 Mini Donut Cereal Cheese Stick Fruit
24 No School	25 No School	26 No School	27 No School	28 No School

All Grains/Breads offered are a minimum of 51% Whole Grain.



*May contain Pork



#May contain nuts or peanut butter

Any school made item could contain any of the above, please check with Kitchen Manager at site.

Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (Voice and TDD). USDA is an equal opportunity provider and employer.

Free and Reduced Meal Applications available online at <http://district279.org/i-want-to/free-and-reduced-meals> OR may be picked up at any school within District 279 or the District Office.